



Canton Public Schools

Youth Risk Behavior Survey
2023



Sample



Significantly lower
than 2021



Significantly higher
than 2021

Number of students in final sample
GALVIN MIDDLE SCHOOL

439

Number of students in final sample
CANTON HIGH SCHOOL

768

All students were surveyed December 13 and 14, 2023 and subsequently analyzed.

Comparison data are not readily available at the state and national level at this time. Comparison data in this presentation are from schools in Massachusetts that are of similar size and makeup to Canton and that have reported data for this survey cycle. Additionally, data from the 2017, 2019, and 2021 Canton survey processes is used in comparison as well.



Middle School

Youth Risk Behavior Survey
2023






Middle School Mental Health

Percent of students that reported **depressive symptoms**

Canton 2017	Canton 2019	Canton 2021	Canton 2023	Comparison
Question not asked			19.6%	17.8%


Percent of students that reported **suicidal thoughts**

Canton 2017	Canton 2019	Canton 2021	Canton 2023	Comparison
13.5%	18.7%	15.8%	10.6% 	10.9%



Middle School Mental Health

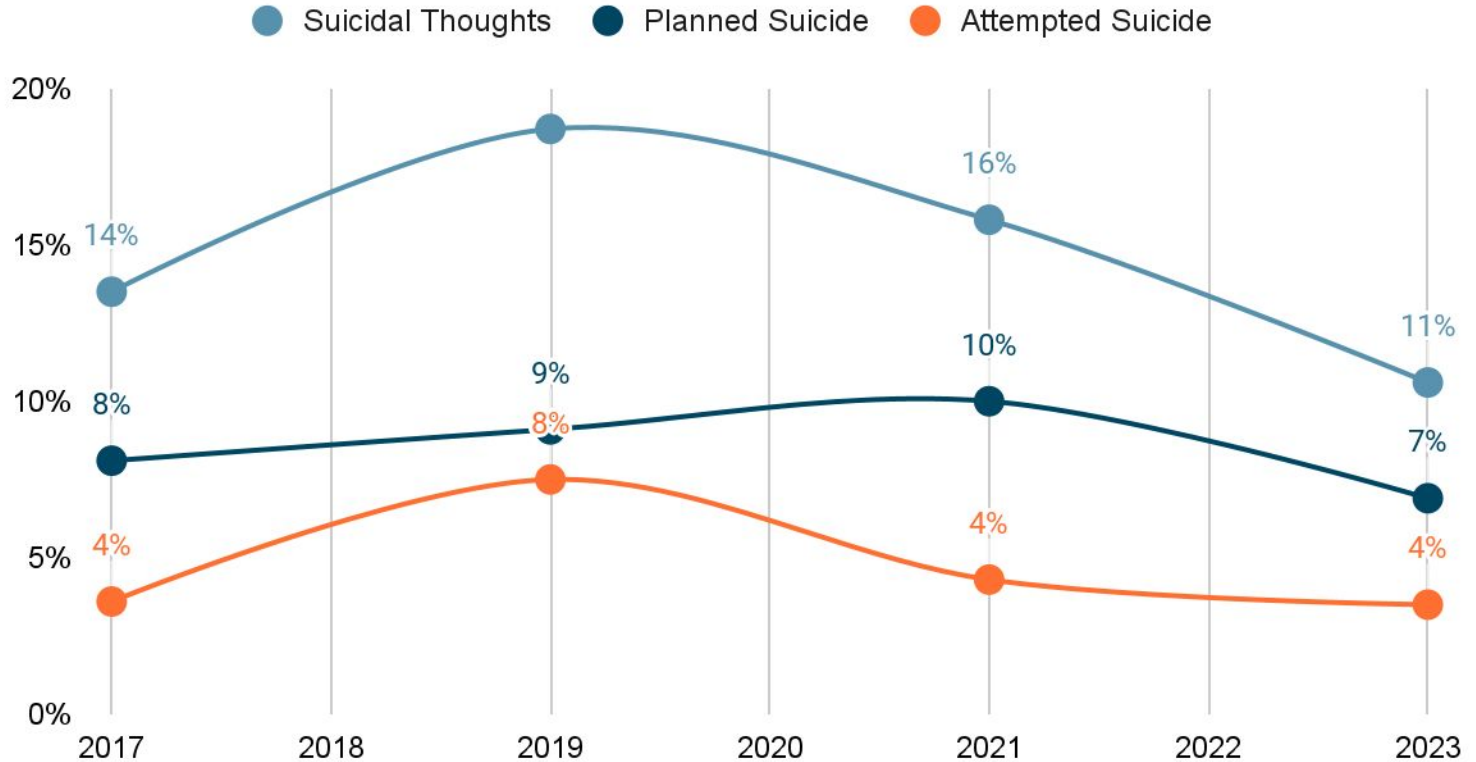
Percent of students that reported **planned suicide**

Canton 2017	Canton 2019	Canton 2021	Canton 2023	Comparison
8.1%	9.1%	10.0%	6.9% 	8.6%

Percent of students that reported **attempted suicide**

Canton 2017	Canton 2019	Canton 2021	Canton 2023	Comparison
3.6%	7.5%	4.3%	3.5%	4.1%

Middle School Mental Health





Middle School Mental Health

CPS Wellness Programming:

- Wayfinder Social/Emotional Learning Curriculum
 - Implementation at Elementary Classroom level
 - Implementation in Middle School Wellness Classes
- Project School Wellness
- Break Free From Depression Curriculum
- Lunch Leaders Program with CAASA Program Manager Isabelle Nolan
 - Promotes Youth Voices to be Heard Around Real-World Peer Situations Involving the Relationship Between Substance Use and Mental Health



Middle School Mental Health

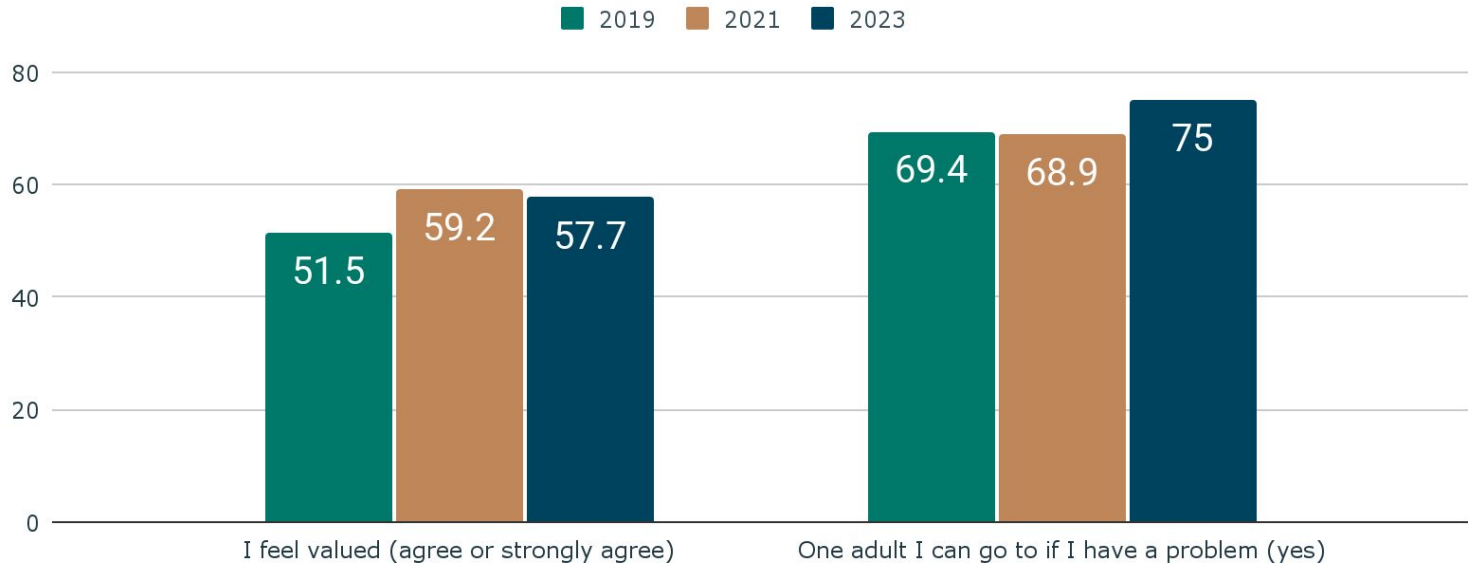
CPS Counseling Department:

- All counseling staff trained in “iDECIDE”
- Group counseling curriculum with social/emotional centered lessons
- Massachusetts Partnerships for Youth: training in trauma and self-harm for counselors
- Training, Implementation, and Utilization of Columbia Suicide Severity Rating Scale
- Standardization of intervention practices for most at risk youth
- Therapeutic classroom, home school interventionist, and partnerships with community agencies



Middle School Climate

School Climate






Middle School Bullying

Percent of students that reported being **bullied** in their lifetime.

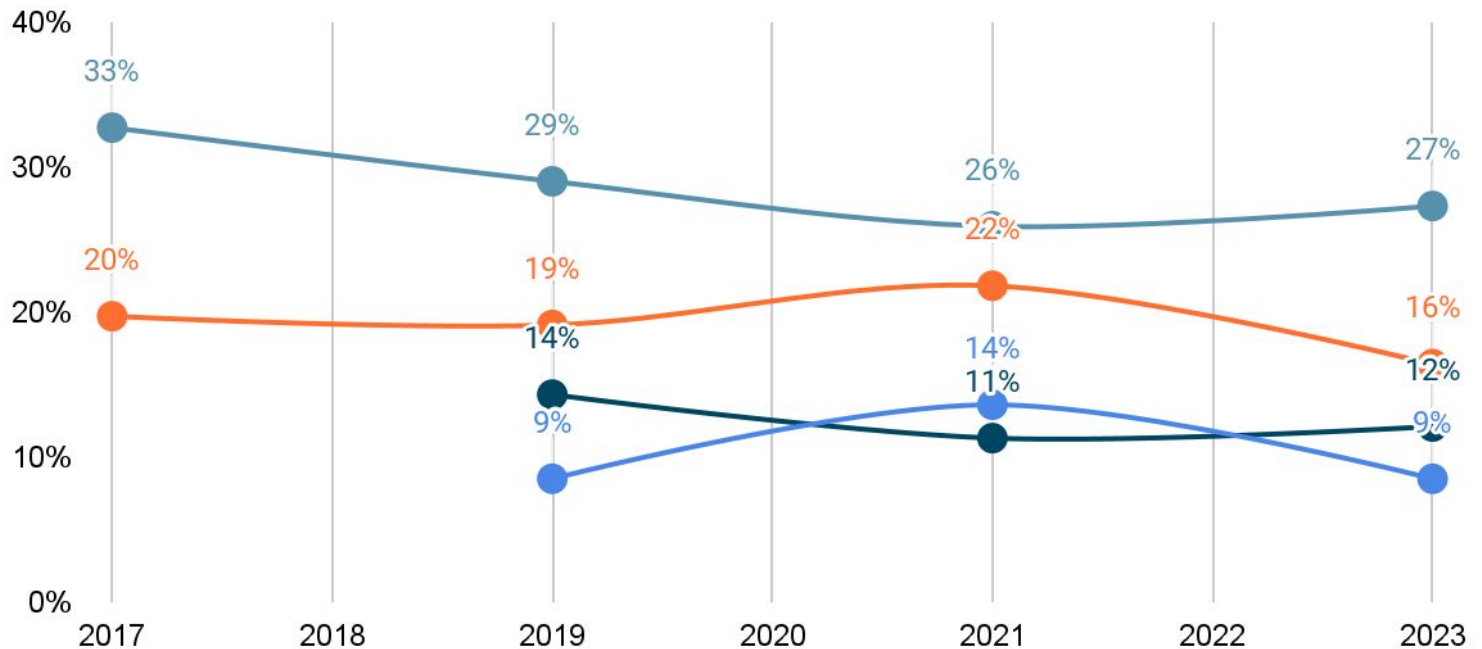
Canton 2017	Canton 2019	Canton 2021	Canton 2023	Comparison
32.7%	29.0%	25.9%	27.3%	27.4%

Percent of students that reported being **electronically bullied** in their lifetime.

Canton 2017	Canton 2019	Canton 2021	Canton 2023	Comparison
19.7%	19.1%	21.8%	16.4% 	19.7%

Middle School Bullying

● Bullying (lifetime) ● Bullying (recent) ● Electronic Bullying (lifetime)
● Electronic Bullying (recent)





Middle School Student Safety and Belonging

CPS Wellness Programming

- Revised Interactive Bullying Reporting with Live Time Alerts
- Restorative Justice Practices
- Wayfinder Social/Emotional Learning Curriculum
- Unified Sports and Physical Education Class To Foster Student Connection and Belonging
- MARC Educator Training
- Staff Handouts for Identifying Gateway Behaviors and Addressing Instances of Suspected Bullying
- EverFi Bullying Prevention in Wellness Classes
- Canton Character Crew Jr. CCC - Positive Peer Pressure Workshops



Middle School Student Safety and Belonging

CPS Wellness Programming

- **Senior Wellness Leadership Classes**
 - Creating and facilitating lessons to build leadership for students in elementary and middle school.
 - Topics: Accountability, Kindness, Grit, Being a Good Teammate, Motivation, Success, and the Pursuit of Authentic Happiness



Middle School Alcohol, Marijuana, Vaping

Percent of students that reported ever having a **drink of alcohol**

Used within 30 days of survey

Canton 2017	Canton 2019	Canton 2021	Canton 2023	Current Use
14%	15.4%	5.7%	6.0%	1.8%

Percent of students that reported ever trying **marijuana**

Used within 30 days of survey

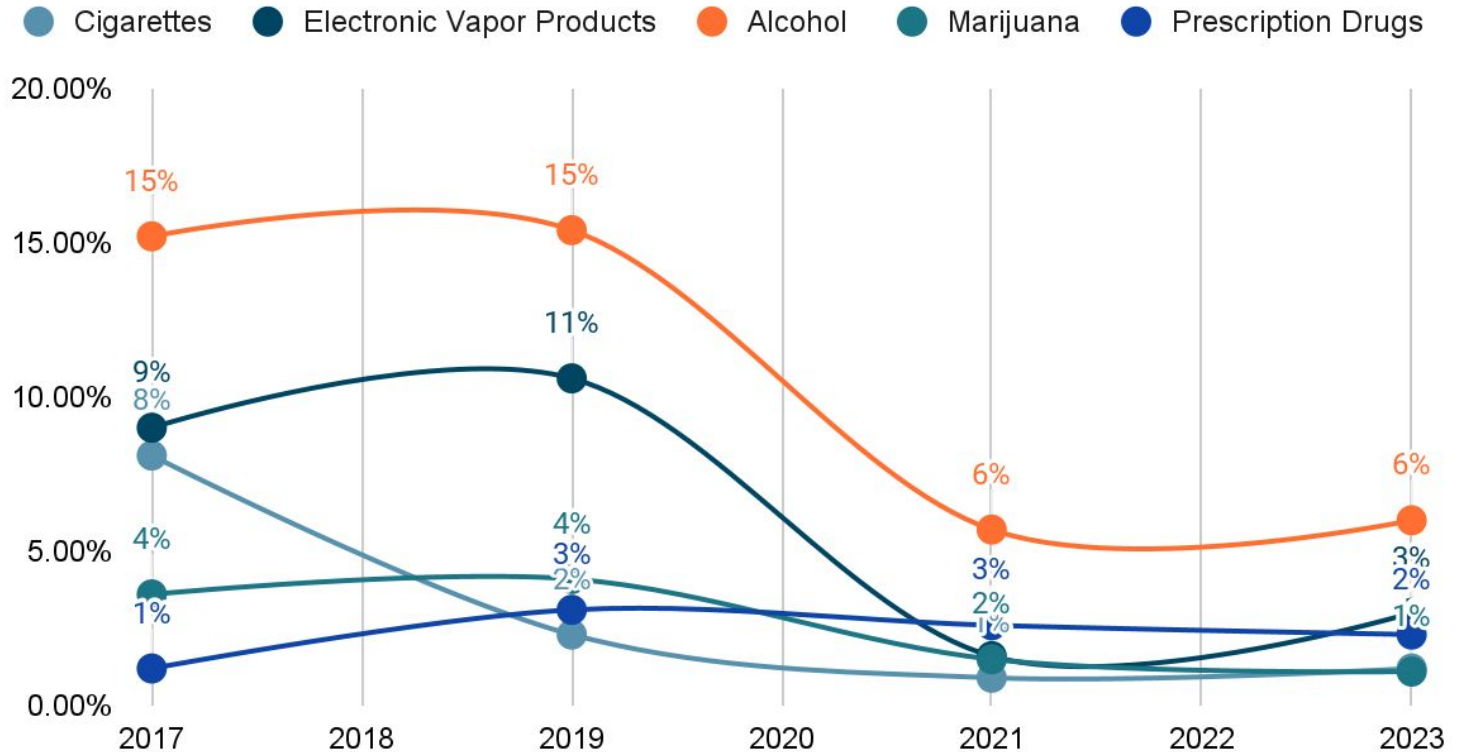
Canton 2017	Canton 2019	Canton 2021	Canton 2023	Current Use
3%	4.1%	1.5%	1.1%	0.2%

Percent of students who have ever used an **electronic vapor** product

Used within 30 days of survey

Canton 2017	Canton 2019	Canton 2021	Canton 2023	Current Use
10%	10.6%	2.0%	3.0%	1.1%

Middle School Substance Use (lifetime)





Middle School Substance Use Prevention

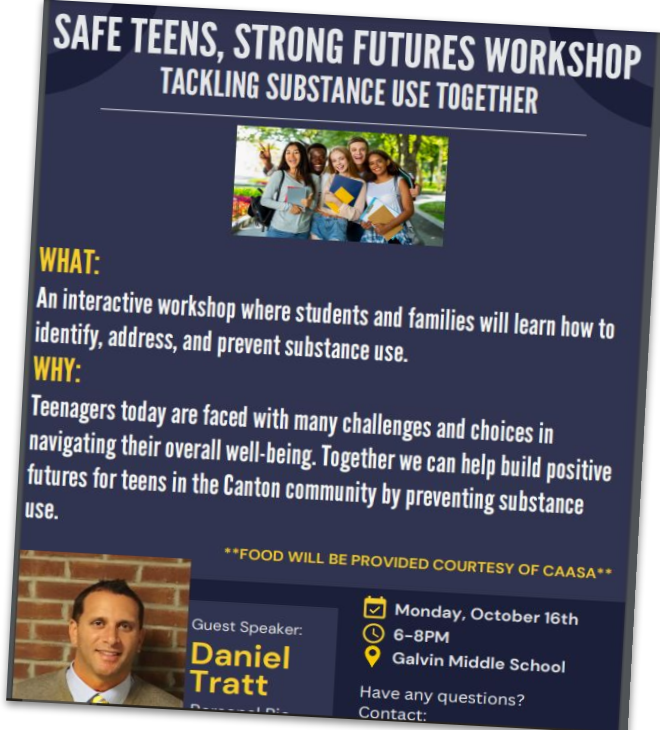
CPS Wellness Programming

- CATCH My Breath Curriculum
- Restorative meetings with families and discipline procedures
- DECIDE Model Practice in Wellness Units (Grade 8)
- SBIRT Screening with Nurses and Counselors
 - Students receive information so they are better prepared for real-world situations
 - Students make connections with staff supports
- D.A.R.E. Summer Camp with CAASA Program Manager
Isabelle Nolan - Trained D.A.R.E. Officer


Middle School Substance Use Prevention

CPS Wellness Programming

- Safe Teens Strong Futures Community Education Night
 - Partnership with Canton Alliance Against Substance Abuse (CAASA) and Program Manager Isabelle Nolan
 - School Resource Officers - Live Visual Table
 - Wellness and School Staff




SAFE TEENS, STRONG FUTURES WORKSHOP
TACKLING SUBSTANCE USE TOGETHER



WHAT:
An interactive workshop where students and families will learn how to identify, address, and prevent substance use.

WHY:
Teenagers today are faced with many challenges and choices in navigating their overall well-being. Together we can help build positive futures for teens in the Canton community by preventing substance use.

****FOOD WILL BE PROVIDED COURTESY OF CAASA****



Guest Speaker:
Daniel Tratt

Monday, October 16th
6-8PM
Galvin Middle School

Have any questions?
Contact:



GMS Action Steps

- Community Circles to Foster Belonging, Connections, and Empathy Within Student to Student and Student to Staff Relationships
 - Small groups meet once every 2 weeks
 - Objectives and Goals of Circles:
 - To create a more connected and smaller community
 - Provide opportunities for SEL skill building
 - Students are able to discuss:
 - Goals, Dreams, Growth Areas, Problem Solving Skills
 - Allow for celebrations of diversity to create more inclusive school culture
 - Student voice and choice around topics that are discussed
 - Innovative choice board - Only school to do this
 - Outcomes:
 - Circles have improved school culture and fostered connections while growing and improving social/emotional skill sets



High School


Youth Risk Behavior Survey
2023





High School Mental Health

Percent of students that reported **depressive symptoms**

Canton 2017	Canton 2019	Canton 2021	Canton 2023	Comparison
22%	27%	31%	22% 	19%

Percent of students that reported **thoughts of suicide**

Canton 2017	Canton 2019	Canton 2021	Canton 2023	Comparison
13%	13%	15%	9% 	7%


Percent of students that **planned suicide**

Canton 2017	Canton 2019	Canton 2021	Canton 2023	Comparison
15%	10%	10%	6% 	5%




High School Mental Health

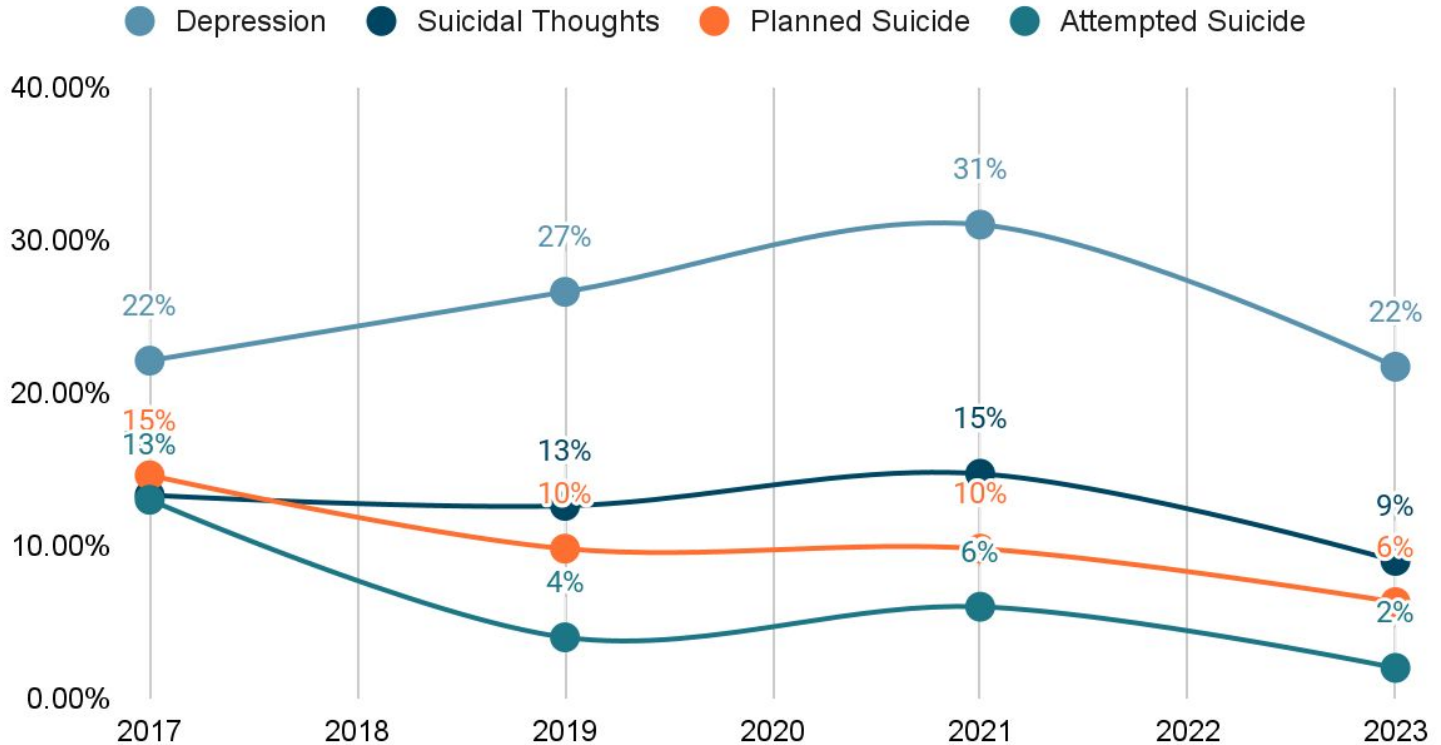
Percent of students that reported **attempted suicide**

Canton 2017	Canton 2019	Canton 2021	Canton 2023	Comparison
12.5%	4.2%	5.8%	2.4% 	2.7%

Percent of students that reported attempted suicide **resulting in medical care**

Canton 2017	Canton 2019	Canton 2021	Canton 2023	Comparison
2.3%	2.2%	2.4%	1.2% 	0.8%

High School Mental Health





High School Mental Health

CPS Wellness Programming:

- Continued Partnership with Kyle Cares
- The Student Wellness Advisory Group
 - The Green Bandana Project
 - The Champions of Wellness 5k
- Real-World Health Project in Grade 9 with Signs of Suicide Curriculum Embedded and Partnered Counseling Department



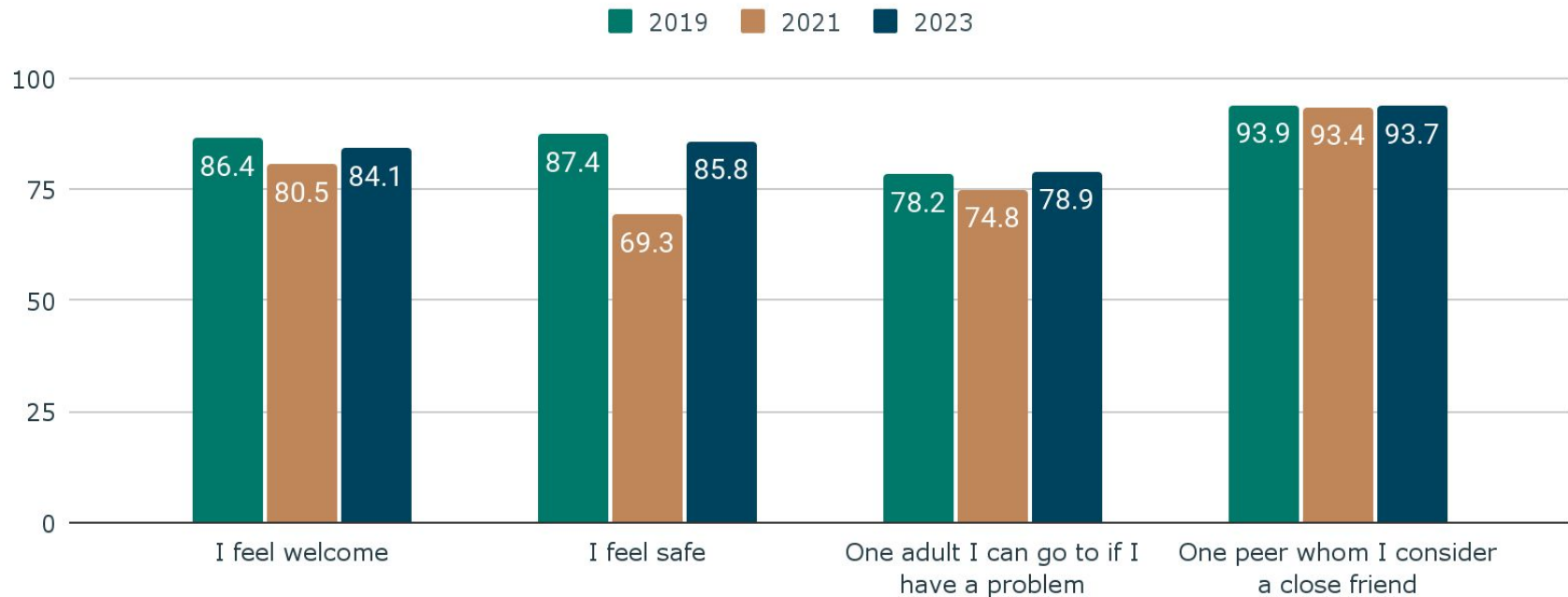
High School Mental Health

CPS Counseling/Student Services Department:

- All counseling staff trained in “iDECIDE”
- Group counseling curriculum with social/emotional centered lessons
- Massachusetts Partnerships for Youth: training in trauma and self-harm for counselors
- Training, Implementation, and Utilization of Columbia Suicide Severity Rating Scale
- Standardization of intervention practices for most at risk youth
- Therapeutic classroom, home school interventionist, and partnerships with community agencies
- Signs of Suicide Program

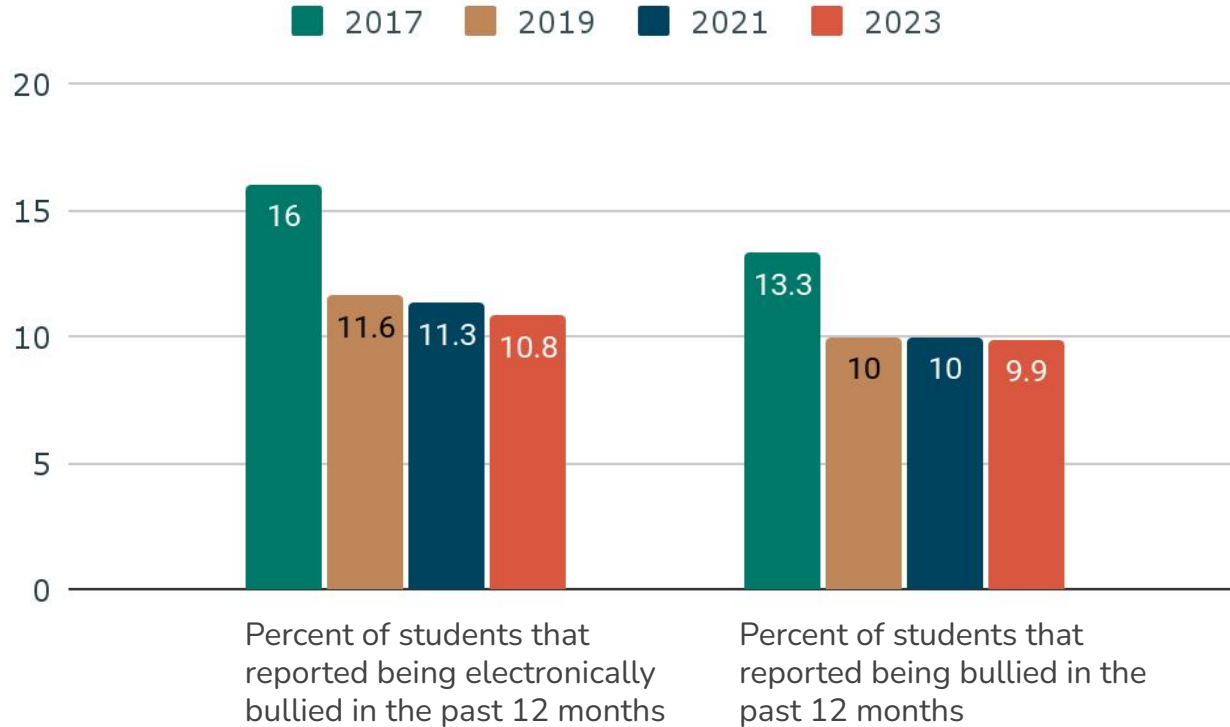


High School Climate





High School Bullying





High School Student Safety and Belonging

CPS Wellness-Related Programming

- Revised Interactive Bullying Reporting with Live Time Alerts
- Wayfinder Social/Emotional Learning Curriculum
- Digital Health and Citizenship Lessons Partnered with Technology Coordinator, School Resource Officer, and Adjustment Counselor.
- Restorative Practices to Support Students Staying in School
- Best Buddies, Project Teammate, and Multitude of Student Clubs, Groups, and Extracurricular Activities to Foster Belonging

High School Student Safety and Belonging

CPS Wellness Programming


- The Student Wellness Advisory Group
 - Backpack Project to Start the School Year





High School Sexual Activity


Percent of students that reported having **sexual intercourse**

Canton 2017	Canton 2019	Canton 2021	Canton 2023	Comparison
27.2%	25.9%	18.3%	12.6% 	14.6%

Percent of sexually active students that reported **using drugs or alcohol** before they had sexual intercourse the last time

Canton 2017	Canton 2019	Canton 2021	Canton 2023	Comparison
24.8%	19.4%	15.1%	14.1%	10.9%

Percent of sexually active students that reported they or their partner **used a condom** the last time they had sexual intercourse

Canton 2017	Canton 2019	Canton 2021	Canton 2023	Comparison
53.8%	63.8%	56.5%	71.4% 	55.0%



High School Dating Violence

Percent of students that reported being **forced to have sexual intercourse**

Canton 2017	Canton 2019	Canton 2021	Canton 2023	Comparison
12%	3.4%	3.7%	2.8%	1.8%

Percent of students that reported being **sexually assaulted** in the past 12 months


Canton 2017	Canton 2019	Canton 2021	Canton 2023	Comparison
8%	5.6%	7.2%	4.7% 	4.5%



High School Alcohol, Marijuana, Vaping


Percent of students that reported ever having a **drink of alcohol**

Used within 30 days of survey

Canton 2017	Canton 2019	Canton 2021	Canton 2023	Current
60%	47.9%	35.0%	22.4% 	12.6%


Percent of students that reported ever trying **marijuana**

Used within 30 days of survey

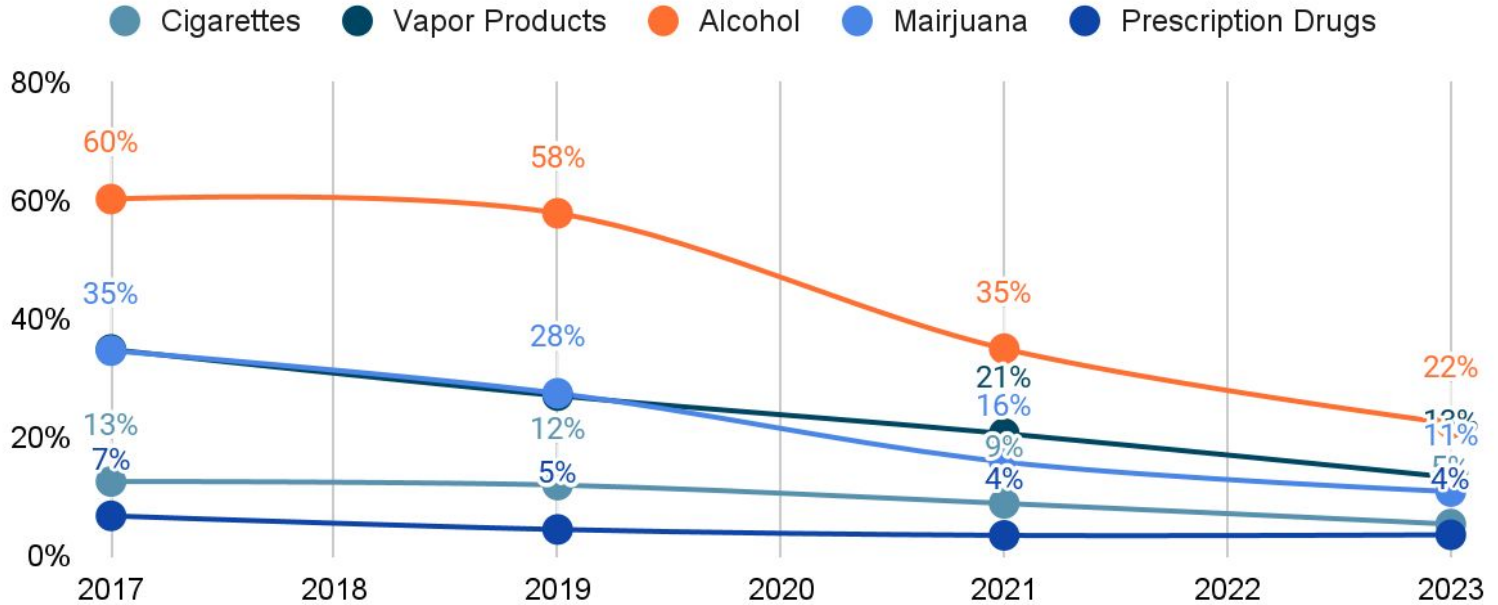
Canton 2017	Canton 2019	Canton 2021	Canton 2023	Current
34%	37.5%	15.9%	10.9% 	5.5%

Percent of students who have ever used an **electronic vapor** product

Used within 30 days of survey

Canton 2017	Canton 2019	Canton 2021	Canton 2023	Current
35%	37.1%	20.7%	13.3% 	6.0%

High School Substance Use (lifetime)





Driving Behavior

Percent of **CHS** students that reported **riding in a vehicle** driven by someone who had been **drinking alcohol**

Canton 2017	Canton 2019	Canton 2021	Canton 2023	Comparison
17%	11.5%	8.2%	7.5%	4.6%

Percent of **CHS** students that reported **driving a vehicle** when they had been **drinking alcohol**

Canton 2017	Canton 2019	Canton 2021	Canton 2023	Comparison
9%	2.6%	1.9%	1.4%	1.5%



High School Substance Use Prevention

CPS Wellness-Related Programming

- Vaping Cessation Program through Department of Health
 - CAASA Program Manager Isabelle Nolan
 - In-Depth Program through American Lung Association
 - 4 Sessions with Students with Substance Use Violation
- Restorative meetings with students, staff, and families; part of Code of Conduct accountability strategies
- SBIRT Screening with Nurses and Counselors
 - Students receive information so they are better prepared for real-world situations
 - Students make connections with all related support staff



Other CPS Wellness Work

- Added 1.0 Full-Time Educator to Wellness Department
- Enhanced Access to High Quality and Transferable Learning Experiences
- Shifted Wellness Curriculum at CHS:
 - Shift from meeting 3 out of 7 days in a cycle to 6 out of 7 days in a cycle
 - Doubled time in Wellness Education for Juniors and Seniors
 - Provides more consistent and connected learning experiences for all students
 - Enhanced focus on student experiences and student growth and development
- Wellness Department Program Review Process
- State and National Standards Alignment to Continue to Enhance Wellness Education



Community Share Out

- This slide deck and the GMS and CHS reports will be posted following this meeting
- Presentation for our partners at CAASA
- School Council Meetings
- If you have any questions please contact your building Principal