






Physical Education

CANTON PUBLIC SCHOOLS K-5 SCOPE AND SEQUENCE

	Spatial Awareness/Safety		Locomotor Skills/Movement		Manipulative Skills		Tumbling & Body Skills		Fitness Concepts		Team Concepts		Experience Education		Total	
	K-2	3-5	K-2	3-5	K-2	3-5	K-2	3-5	K-2	3-5	K-2	3-5	K-2	3-5	K-2	3-5
1															7	7
2															7	7
3															7	7
4															7	7
5															7	7

Standard 1: The physically literate individual demonstrates competency in a variety of motor skills and movement patterns.

Standard 2: The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance.

Standard 3: The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness.

Standard 4: The physically literate individual exhibits responsible personal and social behavior that respects self and others.

Standard 5: The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction.

Student Class Organizer: Physical Education Kindergarten

Teacher:

School:

Class Essential Questions: To what extent does wellness have an impact on my quality of life? How do my choices and actions impact my overall wellness? How do I achieve overall wellness?

Standards for Success: Standard 1: The physically literate individual demonstrates competency in a variety of motor skills and movement patterns. Standard 2: The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance. Standard 3: The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. Standard 4: The physically literate individual exhibits responsible personal and social behavior that respects self and others. Standard 5: The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

CLASS FOCUS

<u>Units</u>	<u>Skills</u>
Spatial Awareness/Safety	Personal space, moving through space, Expectations
Locomotor skills/Movement	Jog, Gallop, Leap, Jump, Hop, Shuffle, Bending, Twisting, Reaching, Levels
Manipulative Skills	Sliding, Underhand Toss, Throw & Catch, Carrying
Tumbling & Body Skills	Animal walks, Beginning Tumbling, Balancing
Experience Education	Sharing, kindness

Essential Questions for Each Unit:

- **Spatial Awareness/ Safety-** How can I be safe in the gym?
- **Locomotor Skills/ Movement-** What are locomotor skills?
- **Manipulative Skills-** What are manipulative skills?
- **Tumbling & Body Skills-** What is tumbling?
- **Experience Education-** Why is sharing and being kind important?

Relevance of Material:

In life, we can make choices to be physically active to improve our overall wellness. Kindergarten PE strives to have students develop an enjoyment of physical activity.

What Will I Learn In This Class?

- The importance of moving safely through space
- How to move in a variety of ways
- How to safely manipulate objects
- Basic gymnastic skills
- How to share and show kindness

How Will I Be Assessed?

- ✓ Teacher Observations

Student Class Organizer

Physical Education Kindergarten, **Spatial Awareness**

Class Essential Questions

To what extent does wellness have an impact on my quality of life? How do my choices and actions impact my overall wellness? How do I achieve overall wellness?

Standards for Success

Standard 1: The physically literate individual demonstrates competency in a variety of motor skills and movement patterns. **Standard 2:** The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance. **Standard 3:** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. **Standard 4:** The physically literate individual exhibits responsible personal and social behavior that respects self and others. **Standard 5:** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

Unit Focus

- Locomotor warm ups
- Yes or No
- Bean Bag Tag
- Turtle Tag
- Fruit Salad

Unit Skills

- Personal space
- Moving through space
- Expectations

Essential Questions for Each Unit

Spatial Awareness/Safety: How can I be safe in the gym?

What Will I Learn In This Unit?

The importance of moving safely through space

How Will I Be Assessed?

- ✓ Teacher Observations

Physical Education Kindergarten, **Locomotor Skills/Movement**

Class Essential Questions

To what extent does wellness have an impact on my quality of life? How do my choices and actions impact my overall wellness? How do I achieve overall wellness?

Standards for Success

Standard 1: The physically literate individual demonstrates competency in a variety of motor skills and movement patterns. **Standard 2:** The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance. **Standard 3:** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. **Standard 4:** The physically literate individual exhibits responsible personal and social behavior that respects self and others. **Standard 5:** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

Unit Focus

- Locomotor Warm Ups
- Follow the leaders
- Locomotor Go Fish
- Four Corners

Unit Skills

- Levels Jog
- Reaching Gallop
- Twisting Leap
- Bending Jump
- Shuffle Hop

Essential Questions for Each Unit

Locomotor Skills/Movement Skills: What are locomotor skills?

What Will I Learn In This Unit?

How to move in a variety of ways

How Will I Be Assessed?

- ✓ Teacher Observations

Student Class Organizer

Physical Education Kindergarten, **Manipulative Skills**

Class Essential Questions

To what extent does wellness have an impact on my quality of life? How do my choices and actions impact my overall wellness? How do I achieve overall wellness?

Standards for Success

Standard 1: The physically literate individual demonstrates competency in a variety of motor skills and movement patterns. **Standard 2:** The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance. **Standard 3:** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. **Standard 4:** The physically literate individual exhibits responsible personal and social behavior that respects self and others. **Standard 5:** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

Unit Focus

- Slide and Score
- Oscar's Garbage Can
- Great Wall of China
- Frisky's Cat

Unit Skills

- Sliding
- Underhand Toss
- Throw and Catch
- Carrying

Essential Questions for Each Unit

Manipulative Skills: What are manipulative skills?

What Will I Learn In This Unit?

How to safely manipulate objects

How Will I Be Assessed?

- ✓ Teacher Observations

Student Class Organizer

Physical Education Kindergarten, **Tumbling & Body Skills**

Class Essential Questions

To what extent does wellness have an impact on my quality of life? How do my choices and actions impact my overall wellness? How do I achieve overall wellness?

Standards for Success

Standard 1: The physically literate individual demonstrates competency in a variety of motor skills and movement patterns. **Standard 2:** The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance. **Standard 3:** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. **Standard 4:** The physically literate individual exhibits responsible personal and social behavior that respects self and others. **Standard 5:** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

Unit Focus

- Robot Tag
- Beginner Centers
 - Log roll
 - Crab walk
 - Tuck jumps
- Rhythmic Gymnastics

Unit Skills

- Animal Walks
- Beginning Tumbling
- Balancing

Essential Questions for Each Unit

What is tumbling?

What Will I Learn In This Unit?

Basic gymnastic skills



How Will I Be Assessed?

- ✓ Teacher Observations

Student Class Organizer

Physical Education Kindergarten, Experience Education

Class Essential Questions

To what extent does wellness have an impact on my quality of life? How do my choices and actions impact my overall wellness? How do I achieve overall wellness?

Standards for Success

Standard 1: The physically literate individual demonstrates competency in a variety of motor skills and movement patterns. **Standard 2:** The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance. **Standard 3:** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. **Standard 4:** The physically literate individual exhibits responsible personal and social behavior that respects self and others. **Standard 5:** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

Unit Focus

- Freeze Tag
- Island Tag
- Trees and Squirrels
- Pre Class Greeting
- KBT Cheer and Circle

Unit Skills

- Sharing
- Kindness

Essential Questions for Each Unit

Experience Education: Why is sharing and being kind important?

What Will I Learn In This Unit?

How to share and show kindness

How Will I Be Assessed?

- ✓ Teacher Observations

Student Class Organizer: Physical Education Grade 1

Teacher:

School:

Class Essential Questions: To what extent does wellness have an impact on my quality of life? How do my choices and actions impact my overall wellness? How do I achieve overall wellness?

Standards for Success: **Standard 1:** The physically literate individual demonstrates competency in a variety of motor skills and movement patterns. **Standard 2:** The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance. **Standard 3:** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. **Standard 4:** The physically literate individual exhibits responsible personal and social behavior that respects self and others. **Standard 5:** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

CLASS FOCUS

Essential Questions for Each Unit:

- **Spatial Awareness/ Safely-** How can I be safe in the gym?
- **Locomotor Skills/ Movement-** How can locomotor skills help keep me fit?
- **Manipulative Skills-** Why is skill practice important?
- **Tumbling & Body Skills-** What patterns can I move my body in?
- **Experience Education-** Why is it important to follow the rules of a game?

What Will I Learn In This Class?

- The importance of moving safely through space
- How to move in a variety of coordinated ways
- How to safely manipulate objects
- Basic gymnastic skills
- How to share, show kindness and take appropriate risks

Relevance of Material:

In life, we can make choices to be physically active to improve our overall wellness. Grade 1 PE strives to have students develop fundamental skills needed to eventually participate in higher level physical activity.

How Will I Be Assessed?

- ✓ Teacher Observations
- ✓ Movement Skill Rubrics

Student Class Organizer

Physical Education 1st Grade, Spatial Awareness

Class Essential Questions

To what extent does wellness have an impact on my quality of life? How do my choices and actions impact my overall wellness? How do I achieve overall wellness?

Standards for Success

Standard 1: The physically literate individual demonstrates competency in a variety of motor skills and movement patterns. **Standard 2:** The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance. **Standard 3:** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. **Standard 4:** The physically literate individual exhibits responsible personal and social behavior that respects self and others. **Standard 5:** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

Unit Focus

- Locomotor warm ups
- Bean Bag Tag
- Turtle Tag
- Fruit Salad
- Ship Wreck

Unit Skills

- Personal space
- Moving through space
- Expectations

Essential Questions for Each Unit

Spatial Awareness/Safety: How can I be safe in the gym?

What Will I Learn In This Unit?

The importance of moving safely through space

How Will I Be Assessed?

- ✓ Teacher Observations
- ✓ Movement Skill Rubrics

Student Class Organizer

Physical Education 1st Grade, **Locomotor Skills/Movement**

Class Essential Questions

To what extent does wellness have an impact on my quality of life? How do my choices and actions impact my overall wellness? How do I achieve overall wellness?

Standards for Success

Standard 1: The physically literate individual demonstrates competency in a variety of motor skills and movement patterns. **Standard 2:** The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance. **Standard 3:** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. **Standard 4:** The physically literate individual exhibits responsible personal and social behavior that respects self and others. **Standard 5:** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

Unit Focus

- Locomotor Warm Ups
- Follow the leaders
- Locomotor Go Fish
- Four Corners
- Scooter Tag
- Helicopter

Unit Skills

- Jog Skip
- Gallop Leap
- Jump Hop
- Shuffle Bending
- Twisting Reaching

Essential Questions for Each Unit

Locomotor Skills/Movement Skills: How can locomotor skills help keep me fit?

What Will I Learn In This Unit?

How to move in a variety of coordinated ways.



How Will I Be Assessed?

- ✓ Teacher Observations
- ✓ Movement Skill Rubrics

Student Class Organizer

Physical Education 1st Grade, Manipulative Skills

Class Essential Questions

To what extent does wellness have an impact on my quality of life? How do my choices and actions impact my overall wellness? How do I achieve overall wellness?

Standards for Success

Standard 1: The physically literate individual demonstrates competency in a variety of motor skills and movement patterns. **Standard 2:** The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance. **Standard 3:** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. **Standard 4:** The physically literate individual exhibits responsible personal and social behavior that respects self and others. **Standard 5:** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

Unit Focus

- Dribbling Challenges
- Trash
- Bean Bag Tag
- Soccer at the Zoo

Unit Skills

- Sliding
- Underhand Toss
- Throw and Catch
- Strike
- Dribble
- Carrying

Essential Questions for Each Unit

Manipulative Skills: What is skill practice important?

What Will I Learn In This Unit?

How to safely manipulate objects

How Will I Be Assessed?

- ✓ Teacher Observations
- ✓ Movement Skill Rubrics

Physical Education 1st Grade, **Tumbling & Body Skills**

Class Essential Questions

To what extent does wellness have an impact on my quality of life? How do my choices and actions impact my overall wellness? How do I achieve overall wellness?

Standards for Success

Standard 1: The physically literate individual demonstrates competency in a variety of motor skills and movement patterns. **Standard 2:** The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance. **Standard 3:** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. **Standard 4:** The physically literate individual exhibits responsible personal and social behavior that respects self and others. **Standard 5:** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

Unit Focus

- Centers
 - Log roll
 - Crab walk
 - Tuck jumps
- Rhythmic Gymnastics
- Introduction of gymnastics apparatus

Unit Skills

- Animal Walks
- Beginning Tumbling
- Climbing
- Balancing

Essential Questions for Each Unit

What patterns can I move my body?

What Will I Learn In This Unit?

Basic gymnastic skills

How Will I Be Assessed?

- ✓ Teacher Observations
- ✓ Movement Skills Rubric

Student Class Organizer

Physical Education 1st Grade, Experience Education

Class Essential Questions

To what extent does wellness have an impact on my quality of life? How do my choices and actions impact my overall wellness? How do I achieve overall wellness?

Standards for Success

Standard 1: The physically literate individual demonstrates competency in a variety of motor skills and movement patterns. **Standard 2:** The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance. **Standard 3:** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. **Standard 4:** The physically literate individual exhibits responsible personal and social behavior that respects self and others. **Standard 5:** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

Unit Focus

- Freeze Tag
- Island Tag
- Trees and Squirrels
- Pre Class Greeting
- KBT Cheer and Circle
- Circle the Circle
- Parachute

Unit Skills

- Sharing
- Kindness
- Bravery

Essential Questions for Each Unit

Experience Education: Why is it important to follow the rules of a game?

What Will I Learn In This Unit?

How to share, show kindness and take appropriate risks.

How Will I Be Assessed?

- ✓ Teacher Observations
- ✓ Movement Skill Rubrics

Student Class Organizer: Physical Education Grade 2

Teacher:

School:

Class Essential Questions: To what extent does wellness have an impact on my quality of life? How do my choices and actions impact my overall wellness? How do I achieve overall wellness?

Standards for Success: Standard 1: The physically literate individual demonstrates competency in a variety of motor skills and movement patterns. Standard 2: The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance. Standard 3: The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. Standard 4: The physically literate individual exhibits responsible personal and social behavior that respects self and others. Standard 5: The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

CLASS FOCUS

<u>Units</u>	<u>Skills</u>
Spatial Awareness/Safety	moving through space at different speed, levels, pathways, directions, Expectations
Locomotor skills/Movement	Jog, Skip, Leap, Hop, Shuffle, Lunging, Stretching, Kareoka, Transitioning Skills
Manipulative Skills	Throw toward a target, Catch a variety of objects, Strike, Kick, Dribble
Tumbling & Body Skills	Rolling, Combine Shapes, Levels, and Pathways into Travel Sequences, Climbing, Balancing
Experience Education	Sharing, Kindness, Bravery, Responsibility, Fair Play

Essential Questions for Each Unit:

- **Spatial Awareness/ Safely-** How does my safety affect others?
- **Locomotor Skills/ Movement-** How can locomotor skills help my coordination?
- **Manipulative Skills-** How can manipulative skills help me during game play?
- **Tumbling & Body Skills-** How can I maintain my balance activity?
- **Experience Education-** How can I demonstrate personal responsibility?

Relevance of Material:

In life, we can make choices to be physically active to improve our overall wellness. Grade 2 PE strives to have students begin to combine fundamental skills into the sequences needed to participate in higher level physical activity.

What Will I Learn In This Class?

- The importance of moving safely through space with others.
- How to transition smoothly from one coordinated movement to another.
- How to safely manipulate objects in a game-like setting.
- The importance of good balance as a life skill.
- How to be responsible for my own actions.

How Will I Be Assessed?

- ✓ Teacher Observations
- ✓ Movement Skill Rubrics

Student Class Organizer

Physical Education 2nd Grade, **Spatial Awareness/Safety**

Class Essential Questions

To what extent does wellness have an impact on my quality of life? How do my choices and actions impact my overall wellness? How do I achieve overall wellness?

Standards for Success

Standard 1: The physically literate individual demonstrates competency in a variety of motor skills and movement patterns. **Standard 2:** The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance. **Standard 3:** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. **Standard 4:** The physically literate individual exhibits responsible personal and social behavior that respects self and others. **Standard 5:** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

Unit Focus

- Switch
- Turtle Tag
- Fruit Salad
- Pac Man Tag

Unit Skills

- Moving through space at different speed, levels, directions
- Expctations

Essential Questions for Each Unit

Spatial Awareness/Safety: How does my safety affect others?

What Will I Learn In This Unit?

The importance of moving safely through space with others.

How Will I Be Assessed?

- ✓ Teacher Observations
- ✓ Movement Skill Rubrics

Student Class Organizer

Physical Education 2nd Grade, **Locomotor Skills/Movement**

Class Essential Questions

To what extent does wellness have an impact on my quality of life? How do my choices and actions impact my overall wellness? How do I achieve overall wellness?

Standards for Success

Standard 1: The physically literate individual demonstrates competency in a variety of motor skills and movement patterns. **Standard 2:** The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance. **Standard 3:** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. **Standard 4:** The physically literate individual exhibits responsible personal and social behavior that respects self and others. **Standard 5:** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

Unit Focus

- Locomotor Warm Ups
- Sharks and Manos
- Four Corners
- Scooter Tag
- Helicopter
- Triangle Tag

Unit Skills

- Jog Skip
- Lunging Leap
- Jump Hop
- Shuffle Transitional Skills
- Karaoka Stretching

Essential Questions for Each Unit

Locomotor Skills/Movement Skills: How can locomotor skills help my coordination?

What Will I Learn In This Unit?

How to transition smoothly from one coordination to another.

How Will I Be Assessed?

- ✓ Teacher Observations
- ✓ Movement Skill Rubrics

Student Class Organizer

Physical Education 2nd Grade, Manipulative Skills

Class Essential Questions

To what extent does wellness have an impact on my quality of life? How do my choices and actions impact my overall wellness? How do I achieve overall wellness?

Standards for Success

Standard 1: The physically literate individual demonstrates competency in a variety of motor skills and movement patterns. **Standard 2:** The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance. **Standard 3:** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. **Standard 4:** The physically literate individual exhibits responsible personal and social behavior that respects self and others. **Standard 5:** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

Unit Focus

- Oscar's Trash Can
- Trash
- Catch 'Em in the Air
- Great Wall of China
- Bubbles

Unit Skills

- Throw toward a target
- Catch a variety of objects
- Strike
- Kick
- Dribble

Essential Questions for Each Unit

Manipulative Skills: How can manipulative skills help me during game play?

What Will I Learn In This Unit?

How to safely manipulate objects in a game-like setting.

How Will I Be Assessed?

- ✓ Teacher Observations
- ✓ Movement Skill Rubrics

Physical Education 2nd Grade, **Tumbling & Body Skills**

Class Essential Questions

To what extent does wellness have an impact on my quality of life? How do my choices and actions impact my overall wellness? How do I achieve overall wellness?

Standards for Success

Standard 1: The physically literate individual demonstrates competency in a variety of motor skills and movement patterns. **Standard 2:** The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance. **Standard 3:** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. **Standard 4:** The physically literate individual exhibits responsible personal and social behavior that respects self and others. **Standard 5:** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

Unit Focus

- Centers
 - Hand and Feet Tumbles
 - Tuck jumps
 - Plank Mats
- Rhythmic Gymnastics
- Intermediate gymnastics apparatus

Unit Skills

- Rolling
- Combine shapes and levels,
- Pathways into travel sequences
- Climbing
- Balancing

Essential Questions for Each Unit

How can I maintain my balance during activity?

What Will I Learn In This Unit?

The importance of good balance as a life skill.

How Will I Be Assessed?

- ✓ Teacher Observations
- ✓ Movement Skills Rubric

Student Class Organizer

Physical Education 2nd Grade, Experience Education

Class Essential Questions

To what extent does wellness have an impact on my quality of life? How do my choices and actions impact my overall wellness? How do I achieve overall wellness?

Standards for Success

Standard 1: The physically literate individual demonstrates competency in a variety of motor skills and movement patterns. **Standard 2:** The physically literate individual applies knowledge of concepts, principles, strategies and tactics related to movement and performance. **Standard 3:** The physically literate individual demonstrates the knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness. **Standard 4:** The physically literate individual exhibits responsible personal and social behavior that respects self and others. **Standard 5:** The physically literate individual recognizes the value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

Unit Focus

- Island Tag
- Pre Class Greeting
- KBT Cheer and Circle
- Circle the Circle
- Rock, Paper, Scissors Jump
- Letters and Numbers with Body

Unit Skills

- Sharing
- Kindness
- Bravery
- Responsibility
- Fair Play

Essential Questions for Each Unit

Experience Education: How can I demonstrate personal responsibility?

What Will I Learn In This Unit?

How to be responsible for my own actions.

How Will I Be Assessed?

- ✓ Teacher Observations
- ✓ Movement Skill Rubrics