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	Family Child Studies	Project Teammate
Standard		
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**Standard 1:** Students will comprehend concepts related to health promotion and disease prevention to enhance health.

**Standard 2:** Students will analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.

**Standard 3:** Students will demonstrate the ability to access valid information and products and services to enhance health.

**Standard 4:** Students will demonstrate the ability to use interpersonal communication skills to enhance health and avoid or reduce health risks.

**Standard 5:** Students will demonstrate the ability to use decision-making skills to enhance health.

**Standard 6:** Students will demonstrate the ability to use goal-setting skills to enhance health.

**Standard 7:** Students will demonstrate the ability to practice health-enhancing behaviors and avoid or reduce health risks.

**Standard 8:** Students will demonstrate the ability to advocate for personal, family, and community health.

# Student Class Organizer: Family and Child Studies

**Course Driving Question: As a community, how can we foster the growth of happy, healthy children?**

## STANDARDS

### Shape America Health Standards

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## RELEVANCE

The following course prepares students to be reflective, supportive and responsible members of their community.

## UNITS

Pregnancy, Childbirth, and Early Parenting

How can we promote the positive social-emotional, cognitive, and physical development of children in my community? To what extent does creating and maintaining positive family relationships impact a child's quality of life?

Child Development

How can I promote the social, physical, intellectual, and emotional development of children in my community? How does my “modern village” enhance the social, physical, intellectual, and emotional development of children?

Adolescent Development

How does financial literacy positively influence the wellness of myself and teens within my school community?

# Student Class Organizer: Project Team

**Course Driving Question: How does wellness impact all individuals? Why and how is adaptive PE important and what life skills will I learn?**

## STANDARDS

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## UNITS

- Bocce
- Fitness Walking
- Team Sports
- Fitness & Conditioning
- Yoga
- Life Skills

### What Critical Life Skills Will I Learn?

- Team Building
- Working with others
- Basic cooking
- Lifetime Wellness Activities
- Understanding of Special Olympics
- <https://www.ncpeid.org/apens-15-standards/>
- Best Buddy Program