



LUCE LANDSCAPE

JANUARY, 2018

WWW.CANTONMA.ORG/LUC

Happy New Year!

they must return with a his is required regardless line. Thank you.



Please remember that when your child is absent, note indicating the reason for their absence. of whether you have called them in on the absentee

Our December "Students of the Month" are: Joey Medeiros and Anna Weadock (K); Alexander Peterson and Arije Hijou (1); Akeem Akhtar and Samantha McDonald (2); Luna Dos Rois and Kouta Bush (3); Emma Walsh and Paul Mellon (4); and Matt Wright and Emerson Martin (5). These students were selected by their teachers to represent their grade level as they exemplify what it means to **SHINE!** According to our students, who established the criteria, this means they are: honest, kind, fair, and respectful of peers & teachers. They always try their best (100% effort), participate in class, lend a helping hand, include everyone, aren't afraid to be themselves, and are up-standers. They obey the rules on the playground and on the bus, and they are role models for other students.



Next month we will begin a new student recognition program. Each teacher will be able to nominate students during the course of the month, who exemplify that's month's character attribute. Our character attribute for January is "respect." Each nominated students name will be placed on the Legacy Tree in the lobby. At the end of the month a raffle will be held, and a representative selected from each grade will receive a Paw Pride Pin. All students nominated during the month will receive a certificate. It is our belief that this will allow us to celebrate the many contributions of our students to our school community.

A delightful time was had by all on school wide pajama, story and sing along day. Mrs. Peter read *The Snowy Nap* by Jan Brett. It is so comfortable and cozy being surrounded by slippers, flannel, and friends. A special thanks to Ms. Joncas for helping to coordinate this ultra special event.

In January, the **Top Secret Science Program** will be visiting with all students, January 22nd, 23rd & 24th. Additionally, we are hosting two evening programs for students accompanied by a special someone. These events are done by grade. On **Wednesday, January 23rd**, it will be held for grades K, 1 & 2 and on Thursday, **January 24th** for grades 3, 4 & 5. Both programs will take place from 6:30 - 8:00 PM. Registration is required and details will be sent home after our holiday break.

To promote a growth mindset it is important to stop saying "You are so smart." Instead try saying:

- You tried really hard on that.
- I can tell you studied really hard.
- You really improved on _____.
- You never gave up, even when it was hard.
- You really handled that situation well because _____.
- I noticed the way you are doing _____.

Save the date!



The 13th annual CAPE Spelling Bee will be held on **Friday, March 22, 2019**. Be sure to mark your calendars. This is a town-wide event and lots of fun for students, teachers, parents, administrators and community members of **ALL AGES!** We will be sending 2 student teams from grade 3, grade 4 and grade 5. For more information on CAPE (Canton Alliance for Public Education) or to volunteer, please check out their new website:

<http://www.cantonCAPE.org>

or contact Ellen Golden at capespellingbee@gmail.com.



Art News:

Fifth Graders - Will finish their Georgia O'Keeffe tissue paper collages, and move on to a Georges Rouault inspired portrait using oil pastels. Rouault was known for his use of thick black lines and elongated faces.

Grade Four - Will learn about the artist Henri Matisse, and his paper cut-outs which he referred to making as *drawing with scissors*. Students will make their own colorful paper cut-out collages.

Third Graders - Will learn how to draw radial designs after seeing examples of radial designs such as snowflakes and some mandalas. Radial designs have balanced or symmetrical parts around a central point.

Second Grade - Students will paint their own version of Grant Wood's "American Gothic". They will learn about his famous painting, and then create a similar picture with their own characters.

Grade One - Students will read "If the Dinosaurs Came Back" by Bernard Most, and create a mixed media piece of a dinosaur or monster in an imaginary city.

Kindergarteners - Will draw a patterned mitten catching a paper snowflake. They will fold and cut the paper snowflakes themselves.

Computer Lab News:

After vacation we will be doing a deep dive into Google tools, so students can learn all they can do with programs like Google Docs, Sheets, Slides, Drawings and Forms. This will lay the groundwork for them to be able to integrate these tools into their classroom work for the remainder of the year.



Gym News:

All students will be participating in a Speed Stacking Unit. Students will improve hand eye coordination by practicing various stacking sequences. Students will compete in relays, mini competitions, and a chance to try the timer!

Speed stacking improves hand-eye coordination and reaction time, as well as helping students develop bilateral proficiency, or equal performance on both sides of the body. Increasing bilateral proficiency allows people to develop a greater percentage of the right side of the brain, which houses awareness, focus, creativity and rhythm. Stacking helps train the brain for sports and other activities, where the use of both hands is important, such as playing a musical instrument or using the computer. Along with physical benefits, speed stacking also fosters team building skills, as well as sequencing and patterning, which can help with reading and math skills.

Health News:

Kindergarten & Grade 1: Students will be starting a Unit on Alcohol, Tobacco, and Other Drugs (ATOD). In this unit students will learn about household poisons and medicine safety. Students will be able to identify various poisons and medicines found around a home, and how to safely use them.

2nd Grade: Students will be starting a unit on their fabulous five senses, and learn how their senses work and how to protect their senses.

3rd & 4th Grade: Students will be starting a Unit on Alcohol, Tobacco, and Other Drugs (ATOD). In this unit students will learn the dangers of how drugs, and how it can affect their health. Students will also learn how to refuse drugs and to say "NO"!

5th Grade: Students will be starting their unit on Puberty. students will only be separated by gender for one day, and that day will be Wednesday February 6th. I will remind students the week prior to the video. Please see the outline below for the unit, and feel free to contact me if you have any questions. lazaroh@cantonma.org

Puberty Unit Grade 5 - January/February:

Lesson 1: *Ready, Set, Grow:*

- a. List changes that will occur as they grow and mature.
- b. Develop a plan for communication with parents or other trusted adults, regarding changes in puberty.

Lesson 2: Social/Emotional Changes During Puberty

- a. Explain typical emotional changes that occur during puberty.
- b. Describe ways to build respectful relationships with others.

Lesson 3: Personal Hygiene

- a. Demonstrate the intent to implement personal hygiene and healthy habits.

Lessons 4: The Reproductive System

- a. Define the structures and functions of their own reproductive system.
- b. Practice communication skills by talking with their parents, or other trusted adults about puberty.

Lesson 5: Media Messages

- a. Critique advertisements and popular music for the presence of sexual messages.
- b. Compose advice for peers to encourage accurate information and healthy behavior.

5th grade video link:

<http://www.pgschoolprograms.com/programs.php?pid=1>

Scroll down to the video. When the video is shown in class, the students are separated by gender and are shown the portion of the video that pertains to them. The co-ed video is not shown in school.

Library News:

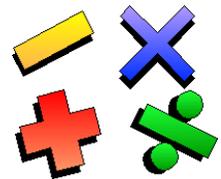


We have a lot of new books on order for the Luce Library. Thanks to our families who supported the book fair, we are able to purchase new titles, and to replace some of our older, loved and worn books. Our read aloud stories have included seasonal themes, fairy tales, and historical fiction. January read aloud books will include stories about diversity and winter.

Math News:

Problem solving can be challenging at any age. Here are some strategies that are useful when working through a problem.

- ALWAYS read the problem more than once.
- Ask yourself (or your child) what do you know?
- You may even have your child underline important information, or write down what they know.
- Identify what the question is asking.
- Make your thinking visible by recording the mathematics.
- Re-read the question one last time to see if your solution is reasonable.
- Make sure your answer has a label.



Music News:

It has been an exciting time full of music making at the Luce!

Here is a sampling of what we will be learning in music:

- Grade 5: creating variations, performing with drums.

- Grade 4: performing chords, creating words to match drumming patterns.
- Grade 3: creating and performing music with recorders.
- Grade 2: creating rhythm patterns using our new rhythm half note, performing music with xylophones and voices.
- Grade 1: creating rhythm patterns using quarter notes, quarter rests, and eighth notes, performing singing games.
- Kindergarten: performing using a singing voice, responding to steady beat, creating vocal patterns and playing instruments.

Upcoming performance:

Our Winter Concert featuring Chorus, Band, Strings, and Mallet Madness will take place on Wednesday, January 16th at 10:00 AM. If your student will be participating, please read the flyer sent home electronically regarding concert dress. Feel free to contact me (joncass@cantonma.org) with any questions.



Nurse News:

The flu is a contagious respiratory illness caused by the influenza viruses. It can cause mild to severe illness. The best way to prevent the flu is by getting a flu **vaccination** each year. Every year in the United States, on average: 5% to 20% of the population gets the flu, and more than 200,000 people are hospitalized from flu complications. The elderly, young children and people with certain health conditions (such as asthma, diabetes, or heart disease) are at high risk for serious flu complications. Symptoms of flu include: fever (usually high), headache, extreme fatigue, dry cough, sore throat, runny or stuffy nose and muscle aches. Stomach symptoms, such as nausea, vomiting, and diarrhea, also can occur, but are more common in children than adults.

Complications of flu can include bacterial pneumonia, ear infections, sinus infections, dehydration, and worsening of chronic medical conditions, such as congestive heart failure, asthma, or diabetes.

Flu viruses spread mainly from person to person through coughing or sneezing. People may also become infected by touching objects (doorknobs, light switches, toys) with the flu virus, and then touching their mouth or nose. Most healthy adults may be able to infect others beginning 1 day **before** symptoms develop, and up to 5 days **after** becoming sick. **That means that you may be able to pass on the flu to someone else before you know you are sick, as well as when you are sick.**

When you question if your child is ill and could possibly have contracted a flu-like illness, please do not send him to school. Influenza is highly contagious, and the contagious period in children lasts up to 7 days. Please monitor the symptoms and contact your primary care provider for guidance in the care of your child

The single best way to prevent the flu is to get a flu vaccination each year. The "flu shot" is an inactivated vaccine (containing killed virus). About two weeks after vaccination, antibodies develop that protect against influenza virus infection. Flu vaccines will not protect against flu-like illnesses caused by non-influenza viruses.

Here is a link to the Center for Disease Control for additional information about the flu.
<https://www.cdc.gov/flu/about/index.html>

Health Office Wish List: The health office is in need of donations of new or gently used elastic waist pants or sweatpants in all sizes for boys and girls.

Social Emotional News:

Many children struggle with organizing their rooms, backpacks, and school desks, and cannot seem to locate their belongings. Here are some helpful tips for helping your child become more organized at school and at home?

1. Utilize a cleaning checklist to help give your child a specific plan of how to approach the task. They can check off each step as they complete it, and you can check in with them once the list is complete. If your child is younger, pair each of the steps with a picture or a visual.
2. Using pictures is a great way to help your child put items back where they belong. For example, taking a picture of your child's room when it is clean, versus when it is disorganized can give them a great visual of where things are expected to go. The same can apply to your child's backpack or desk at home.
3. Using clear bins with labels is another great way to ensure that your child puts items in their appropriate location. They can also see what is in each container, which helps finding things a lot easier.
4. It may be helpful to have a specific day or time, during the week, to have your child goes through their belongings to make sure that everything is organized and in its place.

Wellness Tip: We all know active bodies make for active minds. As the weather begins to close in on us, now would be a good time to help your student find creative ways to get their 60 minutes of physical activity a day.

As we start a new year, please remember that the start to a better world is simply our belief that it is possible. "No matter what kind of challenge lies before you, if somebody believes in you, and you believe in your dream, it can happen."

Welcome 2019!

Mrs. Peter and Mrs. Hoff