## Food Allergies

If your child has a food allergy and will be eating lunch please contact your child's School Nurse and The Food Service Director. A Doctor's Note will be required.

Gluten Free Meals Highlighted Blue

Meals Are Free For All Students This Year!

## **Rodman Early Childhood Program**

February 2024





MONDAY	2/5 TUESDAY		2/6	WEDNESDAY		THURSDAY	2/8	FRIDAY	2/9	
Chicken Nuggets	Mini Panca	kes		Power Pak		Canton's Own Pizza				
Potato Smiles	Carrots	Carrots		Cheese Cucumbers and Hummus		Garden Salad		Early Release	!	
Applesauce	Jones Chick	Jones Chicken Sausage Peaches Milk				Orange Smiles		Breakfast Served		
Milk	Peaches					Milk				
	Milk									
Gluten Free Tenders	Gluten Free	Gluten Free Pancakes Sausage		Gluten Free Grilled Cheese		Gluten Free Cereal				
MONDAY	2/12 TUESDAY		2/13	WEDNESDAY		THURSDAY	2/15	FRIDAY	2/16	
Chicken Nuggets	Mini Waffle	Jones Chicken Sausage		Whole Grain Crackers		Breakfast for Lunch		Canton's Own Pizza		
Potato Smiles	Jones Chick					Kix Cereal	neerios	Garden Salad Orange Smiles		
Applesauce	Carrots					Yogurt	$\sim$			
Milk	Pears	Pears		Fresh Apple Mini Sugar Cookie		String Cheese		Milk		
	Milk	Milk		Milk		Orange Smiles				
Gluten Free Tenders Gluten Free P		ten Free Pancakes Sausage		Gluten Free Pizza		Gluten Free Cereal		Gluten Free Pizza		
Vacation February 19 - 23, 2024										
MONDAY	2/26 TUESDAY		2/27	WEDNESDAY	2/28	THURSDAY	2/29	FRIDAY	3/1	
Chicken Nuggets Mini Waffles		es		Whole Grain Crackers Cheese Cucumbers and Hummus Fresh Apple Mini Cookie		Breakfast for Lunch		Canton's Own Pizza		
Potato Smiles	Carrots	Jones Chicken Sausage Peaches				Kix Cereal	Chaoman	Garden Salad Orange Smiles		
Applesauce	Jones Chick					Yogurt	Cheerios			
Milk	Peaches					String Cheese		Milk		
	Milk					Orange Smiles	ange Smiles			
Gluten Free Tenders	Gluten Free Pancakes S		ausage	Gluten Free Power Pak		Gluten Free Cereal		Gluten Free Pizza	<u> </u>	

Martha Lawless, Food Service Director 781-821-5060 x 1246 lawlessm@cantonma.org

We support and encourage students to make food selections from each of the components offered every day!

Selecting at least 3 components and having at least one component be a fruit or vegetable serving makes it a Reimbursable Meal!

