

Meals Are Free For All Students This Year






























Food Allergies

If your child has a food allergy and will be eating lunch please contact your child's School Nurse and The Food Service Director. A Doctor's Note will be required

Gluten Free Meals Highlighted in Blue

Rodman Early Childhood Program January 2024



MONDAY	1/1	TUESDAY	1/2	WEDNESDAY	1/3	THURSDAY	1/4	FRIDAY	1/5
New Year's Day No School		Mini Pancakes Carrots Jones Chicken Sausage Peaches Milk Gluten Free Pancakes Sausage		Power Pack Lunch Crackers and String Cheese Veggie Dippers and Hummus Fresh Apple Mini Sugar Cookie Milk Gluten Free Turkey Sandwich		Breakfast for Lunch Cheerios Strawberry Yogurt Cucumber Wheels Peaches Milk Gluten Free Cereal		Early Release Breakfast Served	
MONDAY	1/8	TUESDAY	1/9	WEDNESDAY	1/10	THURSDAY	1/11	FRIDAY	1/12
Chicken Nuggets Potato Smiles Applesauce Milk	 	Mini Pancakes Carrots Jones Chicken Sausage Peaches Milk Gluten Free Pancakes Sausage		Mozzarella Sticks Marinara Sauce Garlic Toast Peaches Milk Gluten Meatballs and Marinara		Breakfast for Lunch Cheerios Strawberry Yogurt Cucumber Wheels Peaches Milk Gluten Free Cereal		Canton's Own Pizza Garden Salad Orange Smiles Milk	 
Gluten Free Nuggets								Gluten Free Pizza	
MONDAY	1/15	TUESDAY	1/16	WEDNESDAY	1/17	THURSDAY	1/18	FRIDAY	1/19
 Martin Luther King Day No School		Mini Pancakes Carrots Jones Chicken Sausage Peaches Milk Gluten Free Pancakes Sausage		Chicken Nuggets Potato Smiles Applesauce Milk Gluten Free Nuggets		Breakfast for Lunch Cheerios Strawberry Yogurt Cucumber Wheels Peaches Milk Gluten Free Cereal		Canton's Own Pizza Garden Salad Orange Smiles Milk	 
Gluten Free Nuggets								Gluten Free Pizza	
MONDAY	1/22	TUESDAY	1/23	WEDNESDAY	1/24	THURSDAY	1/25	FRIDAY	1/26
Chicken Nuggets Potato Smiles Applesauce Milk	 	Mini Pancakes Carrots Jones Chicken Sausage Peaches Milk Gluten Free Pancakes Sausage		Power Pack Lunch Crackers and String Cheese Veggie Dippers and Hummus Fresh Apple Mini Sugar Cookie Milk Gluten Free Turkey Sandwich		Breakfast for Lunch Cheerios Strawberry Yogurt Cucumber Wheels Peaches Milk Gluten Free Cereal		Canton's Own Pizza Garden Salad Orange Smiles Milk	 
Gluten Free Nuggets								Gluten Free Pizza	
MONDAY	1/29	TUESDAY	1/30	WEDNESDAY	1/31	THURSDAY	2/1	FRIDAY	2/2
Chicken Nuggets Potato Smiles Applesauce Milk	 	Mini Pancakes Carrots Jones Chicken Sausage Peaches Milk Gluten Free Pancakes Sausage		Mozzarella Sticks Marinara Sauce Garlic Toast Peaches Milk Gluten Meatballs and Marinara		Breakfast for Lunch Cheerios Strawberry Yogurt Cucumber Wheels Peaches Milk Gluten Free Cereal		Canton's Own Pizza Garden Salad Orange Smiles Milk	 
Gluten Free Nuggets								Gluten Free Pizza	

*All Meals Offered are Nutritionally Balanced and Include 5 Components: Meat/Meat Alternate, Vegetable, Fruit, Grain and Milk
We support and encourage students to make food selections from each of the Components offered every Day!
Selecting at least 3 components and having at least one component be a fruit or vegetable serving makes it a Reimbursable Meal!*

This institution is an equal opportunity provider