

Canton High School

April 2024

Grab and Go Daily Choices:

- Chicken Patty Sandwich
- All Beef Hot Dog
- French Bread Pizza
- Hamburger/Cheeseburger
- Veggie Burger
- Power Pack- Cheese or Hummus- Crackers
- Sunflower Seeds-Veggie Sticks, Raisins, Milk

Meal Prices

- Second Lunch \$3.80
- A-la-carte Milk \$.75
- A-la-carte Water \$1.25
- Snack Bar** A-La-Carte Various Prices

Meals are Free for All Students



Food Allergies

If your child has a food allergy and will be eating lunch please contact your child's School Nurse and The Food Service Director. A Doctor's Note will be required

Deli Bar

Sandwiches and Wraps Made to Order

Monday	4/1	Tuesday	4/2	Wednesday	4/3	Thursday	4/4	Friday	4/5
Croissant Sandwich Ham and Cheese Potato Wedges Green Beans Pears		General Tso Chicken Steamed Rice Broccoli Fortune Cooke Pineapple Chunks Fresh Fruit		Beef Taco and Tostito Scoops Lettuce Tomato Cheese Salsa Black Beans Corn Applesauce		Grilled Chicken Caesar Salad Pita Bread Sweet Corn Chips Mixed Fruit Cup Fresh Fruit		Canton's Cheese or BBQ Chicken Pizza Garden Salad Ranch Dressing Veggie Sticks Pears Fresh Fruit	
Gluten Free Ham and Cheese		Gluten Free Chicken Tenders		Beef Taco and Corn Chips		Gluten Free Hamburger		Gluten Free Pizza	
Monday	4/8	TUESDAY	4/9	WEDNESDAY	4/10	THURSDAY	4/11	Friday	4/12
Chicken Tenders Potato Smiles Kale Salad with Cranberries Peaches Fresh Fruit		Pasta and Meatballs Garlic Bread Green Beans Pepper Strips Fresh Fruit		Spicy Chicken Sandwich Sweet Corn Baked Potato Wedges Veggie Sticks Fresh Fruit		Bacon Cheeseburger Baked Beans Sweet Potato Fries Lettuce Tomato Fresh Fruit		Deep Dish Pizza Caesar Salad Carrots Pears Fresh Fruit	
Gluten Free Chicken Tenders		Gluten Free Cheese Burger		Gluten Free Grilled Cheese				Gluten Free Pizza	
April Vacation No School 4/15 - 4/19, 2024									
MONDAY	4/22	TUESDAY	4/23	WEDNESDAY	4/24	THURSDAY	4/25	Friday	4/26
Popcorn Chicken Sweet Corn Potatoes Gravy Dinner Roll Raisins Fresh Fruit		French Toast Sticks Jones Chicken Sausage Carrots Tater Tots Applesauce Fresh Fruit		Chicken Fajita Roaste Pepper and Onion Black Beans Salsa Sour Cream Mixed Fruit Cup Fresh Fruit		Canton's Own Cheese or BBQ Chicken Pizza Garden Salad Ranch Dressing Veggie Sticks Pears Fresh Fruit		Early Release Today Breakfast Served	
Gluten Free Burger		Gluten Free Pancakes Sausage		Grilled Chicken Sandwich		Gluten Free Pizza			
MONDAY	4/29	TUESDAY	4/30	WEDNESDAY	5/1	THURSDAY	5/2	FRIDAY	5/3
Macaroni and Cheese Oven Baked Fries Green Peas Applesauce Fresh Fruit		Walden Local		Crispy Chicken Wrap Steamed Rice Lettuce Tomato Ranch BBQ Hot or Sweet and Sour Sauce Applesauce Fresh Fruit		Baked Cheese Ravioli Caesar Salad Garlic Bread Pears Fresh Fruit		Canton's Own Pizza Garden Salad Balsamic Dressing Roasted Broccoli Pears Fresh Fruit	
Gluten Free Chicken Tenders		Gluten Free Cheeseburger		Gluten Free Chicken Tenders		Gluten Free Pizza		Gluten Free Pizza	



All Meals Offered are Nutritionally Balanced and Include 5 Components Meat/Meat Alternate, Vegetable, Fruit, Grain and Milk.
We support and encourage students to make food selections from each of the Components offered every Day!
Selecting at least 3 components and having at least one component be a fruit or vegetable serving makes it a Reimbursable Meal!

Martha Lawless 781-821-5060 ext 1246

This institution is an equal opportunity provider.