

Meals Are Free For All Students This Year!

Pre-Pay into your Child's account:

myschoolbucks.com



Meal Prices

Second Lunch \$3.80
A-la-carte Milk \$.75
A-la-carte Water \$1.25
Snack Bar A-La-Carte Various Prices

Grab and Go Daily Choices:

Chicken Patty Sandwich
All Beef Hot Dog
French Bread Pizza
Hamburger/Cheeseburger
Veggie Burger

Snack Bar

Grilled Chicken Caesar Salad
Turkey Wrap
Power Pack- Cheese or Hummus
Crackers, Sunflower Seeds
Veggie Sticks- Raisins, Milk

Galvin Middle School

February 2024 ❤️



Food Allergies

If your child has a food allergy and will be eating lunch please contact your child's School Nurse and The Food Service Director. A Doctor's Note will be required.

Gluten Free Meals Highlighted In Blue

MONDAY	2/5	TUESDAY	2/6	WEDNESDAY	2/7	THURSDAY	2/8	Friday	2/9
General Tso's Chicken Steamed Rice Broccoli Pineapple Chunks Fresh Fruit Milk		Crispy Chicken Wrap Brown Rice Corn Lettuce Tomato Fresh Fruit Milk		Nacho Plate Seasoned Beef Cheese Sauce Sweet Corn Black Beans Corn Chips Salsa Jalapenos		Canton's Own Pizza Cheese or Veggie Caesar Salad Green Beans Pears Fresh Fruit Milk		Early Release Breakfast Served	
Gluten Free Chicken Tenders		Gluten Free Chicken Tenders		Gluten Free Cheeseburger		Gluten Free Pizza			
MONDAY	2/12	TUESDAY	2/13	WEDNESDAY	2/14	THURSDAY	2/15	Friday	2/16
French Toast Sticks Jones Chicken Sausage Carrots Tater Tots Orange Juice Fresh Fruit Milk		Popcorn Chicken Sweet Corn Potatoes Gravy Dinner Roll Raisins Fresh Fruit Milk		Italian Sampler Meatballs Mozzarella Sticks Marinara Sauce Garlic Bread Sweet Corn Milk Apples Gluten Free Meatballs and Marinara		Chicken Fajita Wrap Roasted Red Peppers and Onions Black Beans Corn Salsa Sour Cream Fresh Fruit		Canton's Own Pizza Cheese or BBQ Chicken Garden Salad Ranch Dressing Veggie Sticks Hummus Pears Fresh Fruit Milk	
Gluten Free Pancakes Sausage		Gluten Free Chicken Tenders				Gluten Free Chicken Tenders		Gluten Free Pizza	
<div>Vacation February 19 - 23, 2024</div>									
MONDAY	2/26	TUESDAY	2/27	WEDNESDAY	2/28	THURSDAY	2/29	Friday	3/1
Macaroni and Cheese Seasoned Fries Green Peas Peaches Fresh Fruit Milk		Walden Local Hamburger or Cheeseburger Lettuce- Tomato- Pickles- Chips Cucumber Wheels Fresh Fruit		French Toast Sticks Jones Chicken Sausage Carrots Tater Tots Orange Juice Fresh Fruit Milk		Popcorn Chicken Sweet Corn Potatoes Gravy Dinner Roll Raisins Fresh Fruit Milk		Canton's Own Pizza Cheese or BBQ Chicken Garden Salad Ranch Dressing Veggie Sticks Hummus Pears Fresh Fruit Milk	
Gluten Free Macaroni and Cheese		Gluten Free Burger		Gluten Free Pancakes Sausage		Gluten Free Chicken Tenders		Gluten Free Pizza	

All Meals Offered are Nutritionally Balanced and Include 5 Components: Meat/Meat Alternate, Vegetable, Fruit, Grain and Milk.
We support and encourage students to make food selections from each of the components offered every day!
Selecting at least 3 components and having at least one component be a fruit or vegetable serving makes it a Reimbursable Meal!

Martha Lawless, Food Service
Director
781-821-5060 x 1246

This institution is an equal opportunity provider