

# Meals are Free For All Students This Year

1/3+A1:J21



## Elementary Lunch Menu January 2024



### Food Allergies

If your child has a food allergy and will be eating lunch please contact your child's School Nurse and The Food Service Director. A Doctor's Note will

### Daily Choices

Bagel Lunch- Yogurt- Cheese Stick -Fruit and Vegetable of the Day




Sun butter and Jelly Sandwich- Fruit and Vegetable of the Day

Power Pack- Hummus or Cheese, Crackers- Sunflower Seeds- Veggie Sticks- Raisins- Milk

### Meal Prices

Second Lunch \$3.50 A-La-Carte Milk \$.75

Bottled Water \$1.00

MONDAY		1/1 TUESDAY		1/2 WEDNESDAY		1/3 THURSDAY		1/4 FRIDAY		1/5	
<div>New Year's Day No School</div> 		Popcorn Chicken		French Toast Sticks		Canton's Own Pizza Cheese or Veggie		<div>Early Release Breakfast Served</div> 			
		Sweet Corn Potatoes		Jones Chicken Sausage		Sweet Corn					
		Dinner Roll		Tater Tots		Raisins Fresh Fruit Milk					
		Fresh Fruit Applesauce Milk		Pears Fresh Fruit Milk							
Gluten Free Chicken Tenders		Gluten Free Pancakes and Sausage		Gluten Free Pizza							
MONDAY		1/8 TUESDAY		1/9 WEDNESDAY		1/10 THURSDAY		1/11 FRIDAY		1/12	
Tangerine Chicken		Ham and Cheese Croissant		Italian Sampler		Chicken Drumstick		Canton's Own Pizza Cheese			
Steamed Rice Broccoli		Baby Carrots		Meatballs Mozzarella Sticks Marinara Sauce		Mashed Potato		Caesar Salad			
Pineapple Fresh Fruit Milk		Kale Salad with Cranberries		Garlic Bread		Green Beans		Fresh Fruit Raisins Milk			
Fortune Cookie		Oranges Applesauce Milk		Sweet Corn Milk Apples		Dinner Roll Milk Fresh Fruit					
Gluten Free Chicken Tenders		Gluten Free Grilled Ham and Cheese		Gluten Free Meatballs and Marinara		Gluten Free Chicken Tenders		Gluten Free Pizza			
MONDAY		1/15 TUESDAY		1/16 WEDNESDAY		1/17 THURSDAY		1/18 FRIDAY		1/19	
 <div>Martin Luther King Day No School</div>		Macaroni and Cheese		Crispy Chicken Tenders		Mini Pancakes		Canton's Own Pizza Cheese			
		Fresh Broccoli		Oven Baked Fries		Jones Chicken Sausage		Garden Salad Ranch Dressing			
		Veggie Sticks		Lettuce and Tomato		Cucumber Wheels-Hummus		Veggie Sticks Hummus			
		Dinner Roll		Fresh Pear Milk		Mixed Fruit Fresh Pears		Banana Mixed Fruit Milk			
Gluten Free Macaroni and Cheese		Gluten Free Chicken Tenders		Gluten Free Pizza							
MONDAY		1/22 TUESDAY		1/23 WEDNESDAY		1/24 THURSDAY		1/25 FRIDAY		1/26	
Baked Cheese Ravioli		Walden Local		Chicken Patty Sandwich		Nacho Plate		Deep Dish Pizza Cheese			
Green Beans		Hamburger or Cheeseburger		Potato Smiles		Seasoned Beef and Nacho Cheese Sauce		Garden Salad with Balsamic Dressing			
Texas Toast		Lettuce- Tomato- Pickles- Chips		Local Apples		Black Beans Lettuce Tomato Salsa		Veggie Sticks Hummus Fruit Milk			
Apples Milk		Cucumber Wheels Fresh Fruit		Milk		Corn Tostito Scoops Applesauce		Happy Birthday January Cake			
Gluten Free Meatballs and Marinara		Gluten Free Cheeseburger		Gluten Free Turkey Sandwich		Gluten Free Beef Taco and Scoops		Gluten Free Pizza			
MONDAY		1/29 TUESDAY		1/30 WEDNESDAY		1/31 THURSDAY		2/1 FRIDAY		2/2	
Popcorn Chicken		French Toast Sticks		Breakfast for Lunch		All Beef Hot Dog		Canton's Own Pizza Cheese			
Sweet Corn Potatoes		Jones Chicken Sausage		Cheerios -Muffin		Baked Beans		Garden Salad			
Dinner Roll		Carrot Sticks		Yogurt Egg		Veggie Sticks		Veggie Sticks Hummus			
Fresh Fruit Apple Slices Milk		Clementines Milk		Baby Carrots Celery Sticks Applesauce		Milk Applesauce		Milk Grapes			
Gluten Free Chicken Tenders		Gluten Free Pancakes and Sausage		Cheerios Gluten Free Muffin Yogurt Egg		Gluten Free Hot Dog		Gluten Free Pizza			

All Meals Offered are Nutritionally Balanced and Include 5 Components: Meat/Meat Alternate, Vegetable, Fruit, Grain and Milk

We support and encourage students to make food selections from each of the Components offered every Day!

Selecting at least 3 components and having at least one component be a fruit or vegetable serving makes it a Reimbursable Meal!

This institution is an equal opportunity provider

Milk is served with all meals - Skim, Chocolate Skim or 1% white

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