

# CANTON HIGH SCHOOL MENU

## February 2010

**GRILL ... \$2.25**

- Meatball sub
- Pizza
- Bagel w/ PBJ or Cream cheese








**DELI BAR \$2.50**

- Made to order Ham Turkey
- Roast Beef or Tuna
- Lettuce Tomato Cheese
- Assorted Breads
- Dill Pickles Chips

**SALAD BAR \$2.50**



*ALL LUNCHES INCLUDE MILK AND CHOICE OF JUICE, FRUIT AND /OR VEGETABLE*

<b>Monday</b>	<b>2/1</b>	<b>TUESDAY</b>	<b>2/2</b>	<b>WEDNESDAY</b>	<b>2/3</b>	<b>THURSDAY</b>	<b>2/4</b>	<b>FRIDAY</b>	<b>2/5</b>
BBQ Rib Sandwich Oven Baked Fries Vegetarian Baked Beans Pears Fresh Fruit		Pasta and Meatballs Seasoned Green Beans Garlic Bread Caesar Salad Peaches Fresh Fruit		<b>Early Release</b>  <b>No Lunch Served</b>		<b>WRAPS</b> Buffalo Chicken Wrap Lettuce and Tomato Carrots Steamed White Rice Fresh Fruit/Pears		Canton's Own Pizza Cheese or Pepperoni or Baked Cheese Ravioli/Roll Veggie Sticks Blueberries Fresh Fruit Dried Cranberries	
<b>Monday</b>	<b>2/8</b>	<b>TUESDAY</b>	<b>2/9</b>	<b>WEDNESDAY</b>	<b>2/10</b>	<b>THURSDAY</b>	<b>2/11</b>	<b>FRIDAY</b>	<b>2/12</b>
Chicken Parmesan Whole Wheat Pasta and Sauce Green Beans Dinner Roll/Smart Balance Peaches Fresh Apple		<b>Soup and Sandwich</b> Bagel w/Ham Egg and Cheese or Grilled Cheese Sandwich and Chicken or Tomato Soup Veggie Sticks		Chicken Teriyaki Sandwich Sweet and Sour Sauce Steamed White Rice Roasted Carrots Pineapple Fortune Cookie		<b>Burger Bar</b> Hamburger/Cheeseburger Oven Baked Fries Onion Rings Lettuce and Tomato Assorted Toppings Fresh Fruit / Strawberries		Homemade Pizza Cheese or Pepperoni or Baked Cheese Ravioli/Roll Veggie Sticks Applesauce Fresh Fruit Dried Cranberries	
<b>Winter Recess February 15 - 19 (no school)</b>									
<b>Monday</b>	<b>2/22</b>	<b>TUESDAY</b>	<b>2/23</b>	<b>WEDNESDAY</b>	<b>2/24</b>	<b>THURSDAY</b>	<b>2/25</b>	<b>FRIDAY</b>	<b>2/26</b>
Mozzarella Sticks Whole Wheat Pasta/Sauce Sweet Green Peas Scali Bread/Smart Balance Mixed Fruit Fresh Fruit Trail Mix		<b>Nacho Plate</b> Nacho Cheese Sauce Seasoned Beef Corn Lettuce Tomato Salsa Cinnamon Apples Fresh Fruit		<b>WRAPS</b> Buffalo Chicken Wrap or Lettuce and Tomato Sweet Green Peas Steamed White Rice Fresh Fruit/Pears		<b>The Gobbler</b> Roast Turkey- Crusty Roll Stuffing Cranberry Sauce Mashed Potatoes/Gravy Peas and Carrots Cinnamon Applesauce		Personal Pan Pizza or Baked Cheese Ravioli/Roll Tomato Basil and Mozzarella Salad Trail Mix Peaches Fresh Fruit	



Pay for your child's lunch on Line

QUESTIONS AND COMMENTS ARE WELCOME. PLEASE CALL MARTHA LAWLESS AT 781-821-5073

