



MILTON HOSPITAL

Announces Spring Education Programs

Listening to Children I & II

In this ongoing series, Family Practitioner, Winfred del Mundo, M.D., leads an open discussion of the challenges of raising children: how does your reaction to your child's behavior affect their development, how can you understand your child before the next tantrum starts, how can you help heal your child's fears? These topics and many others will offer parents, older siblings and other caregivers new perspectives on listening to and nurturing young children. New and past attendees are welcome!

- Dates: Tuesday, May 26 and Tuesday, June 2
- Time: 6:00 p.m.
- Place: Conference Room A, Milton Hospital
- Cost: Free, pre-registration required. Call 617-696-8810.

Seasonal Allergies

As spring and summer weather brightens many moods, allergic reactions to tree or grass pollen and other seasonal allergies can make life miserable for some. Don't let another beautiful day pass without learning about methods for diagnosis and treatment to reduce the effect of seasonal allergies. This lecture is taught by Nathaniel Brown, M.D., Internist.

- Date: Tuesday, May 26
- Time: 6:30 p.m.
- Place: Nangeroni Education Center, Milton Hospital
- Cost: Free, pre-registration required. Call 617-696-8810.

Community Health Day at Milton Hospital!

Join us for Milton Hospital's Second Annual Community Health Day! This family event features fun for all ages, including interactive demonstrations, healthy lunches and snacks, face-painting, a DJ, games, many local vendors and much more!

- Date: Saturday, May 30 (Rain Date: Sunday, May 31)
- Time: 11:00 a.m.-3:00 p.m.
- Place: Milton Hospital's Highland Parking Lot and Lobby
- Cost: Free to attend!

Visit www.MiltonHospital.org for news and information.