



Health & Safety Training for New Educators

Lauren Pushard, RN, District Nurse Leader
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OBJECTIVES:

- Overview of District Safety Focus
- Introduce Staff and Health Offices
- Upcoming Trainings
- Walkie Talkie use
- Food in the Curriculum/Field trip planning
- Questions and Answers

CPS DISTRICT SAFETY

CPS is dedicated to providing a “Culture of Caring” and a safe environment in collaboration with Canton Fire, Police, our town physician, and the local Board of Health.

A continuous quality improvement process occurs with developing protocols and policy, then plan and practice and review.

CPS DISTRICT SAFETY

Practice drills include:

- Fire Drills- Exit the building quickly and safely

Buildings call for students and staff to stay in classrooms:

- Shelter-In-Place- Response to security threat outside, severe weather, airborne hazard or a medical emergency
 - “Stay Inside, Stay Safe”-Remain in classroom, lock doors
- Lockdown- Response to security threat INSIDE
 - “Silent & Invisible”- Lock doors, pull shades, stay out of view, silence phones, remain in lockdown until official instructions are heard

EMERGENCY RESPONSE

MEDICAL EMERGENCIES

- Stay with injured/ill person
- Follow Walkie Talkie procedure
- If person is unconscious & not breathing, dial 8-911, start CPR and send someone for the AED



CPS Nursing Team:

District Nurse Leader- Lauren Pushard

CHS - Nurses Maureen Campbell & Christine Trendell

GMS -Nurse Lindsey Coppola, Nurse Tara Medeiros

JFK - Nurse Ellen Stenmon, Health Office Assistant Alicia Coleman

Luce - Nurse Cindy Bonner, Health Office Assistant TBA

Hansen - Nurses Bethany Glennon/Denise Shepard, HOA Veronika Kantor

Rodman - Nurse Bailey Hewit

District Resource Nurse - Irene Keefe

RN Case Manager- Melissa Silverman

ROLE OF HEALTH OFFICE STAFF:

- Respond to school emergencies
- Provide daily medications and treatments to students
- Collaborate with teaching staff for the planning of field trips and food in the classroom
- Communicate with families
- Provide assessment, intervention and follow-up care
- Conduct health screenings/vision, hearing, scoliosis
- Provide health education
- Prevent illnesses from spreading in the schools
- Address physical, mental and emotional needs of students
- Support academic achievement
- Train staff on EpiPen use

HEALTH OFFICES

Minimize student visits to the nurse to reduce exposure to infectious illnesses & to maximize classroom learning time. First Aid bags are available to all classrooms to reduce student visits to the nurse.

Each building has a Health Office with full time nursing staff.

Students are required to have a pink “Health Office Pass” or handwritten pass whenever they visit the Health Office with the exception of emergencies.

STAFF TRAININGS

- Recognizing and Responding to Life Threatening Allergies- Epi-Pen, Auvi-Q administration
- Blood Borne Pathogens - Protect yourself
- COVID-19 Training - District Protocols *Changes in protocols anticipated for the 2023-2024 school year.

*If interested- CPR and AED training

WALKIE TALKIE USE WHEN A NURSE IS NEEDED:

STEP ONE:

CONFIRM YOU ARE ON THE CORRECT CHANNEL. CLICK THE LEFT SIDE OF THE WALKIE AND LISTEN FOR THE BEEP

STEP TWO:

STATE YOUR NAME & LOCATION SLOWLY AND CLEARLY. STATE IF IT IS AN EMERGENCY OR **NOT** AN EMERGENCY. BE SPECIFIC EX. "WHEELCHAIR NEEDED".

STEP THREE:

WAIT FOR THE NURSE'S RESPONSE. IF NO RESPONSE THEN REPEAT ABOVE AND CALL THE MAIN OFFICE ASKING FOR THE NURSE

FOOD IN THE CURRICULUM PLANS

- *Food in the Curriculum Notification* forms must be filled out two to three weeks (no more) ahead of the lesson and approved by the building nurse, principal and parents/guardians.

FIELD TRIP PLANNING

- Field Trips forms must be completed no later than two weeks (3-4 weeks advance notice is preferred) in advance and have approval from the Nurse, Student Services, Principal, Transportation, and parents/guardians.
- Field Trips cannot be scheduled within the first two weeks or last three days of school.
- One field trip per school day allowed across the District.

DAILY HEALTH SELF SCREENING:

PAUSE and recognize if you are experiencing symptoms of illness.
COVID-19 presents **ASYMPTOMATIC** to **SEVERE**,
appearing 2-14 days (2-5 typically) after exposure

- New loss of taste or smell
- Congestion or runny nose (very similar to allergy symptoms)
- Cough (not due to other known causes such as chronic cough)
- Shortness of breath, difficulty breathing
- muscle or body aches
- Fever (>100 degrees F) or chills
- Sore throat when in combination with other symptoms
- Fatigue, when in combination with other symptoms
- Nausea/vomiting, diarrhea in combination with other symptoms
- Headache, when in combination with other symptoms

COVID TESTING IN SCHOOL

Symptomatic Testing:

Rapid Antigen performed at school when someone presents with symptoms during the school day. Stay home and test if you are feeling ill in the morning BEFORE school. As of now we will still be conducting Symptomatic Testing in school by the building nurses.

Pooled Testing:

DISCONTINUED

Test and Stay:

DISCONTINUED

Infectious Disease Mitigation strategies:

- Vaccines decrease the chance of transmission/illness or severity of symptoms
- Hand hygiene
- Air purifiers
- Outdoor activities when possible
- STAYING HOME when feeling ill
- Testing when symptomatic

COVID-19 VOCABULARY

ISOLATION:

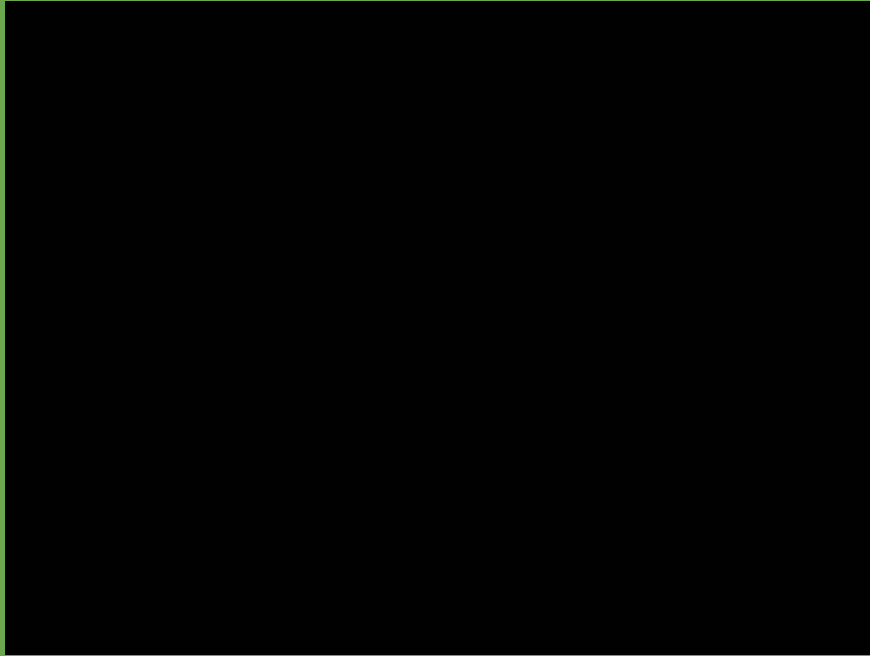
Separates those who are sick, or have positive test results symptomatic or not, at home away from others

When can ISOLATION end?

When Positive isolate:

- 5 days from start of symptoms or positive test result.
- Return day 6 as long as symptoms mostly resolved
- Mask at school through day 10

DROPLET TRANSMISSION



COVID PROTOCOLS:

Developed with guidance from: CDC, MA DPH, DESE, Canton Health Dept., and our School Physician

Masks are not required unless an individual is on days 6-10 after testing positive. Masks can be removed outdoors or while eating/drinking

PRACTICE SELF-CARE!

- Wash your hands frequently or use hand sanitizer
- Drink water
- Bring a healthy lunch and snacks
- Find time to exercise and release stress
- Sleep!



Question and Answers