

Galvin Middle School

May 2024



Meals are Free for All Students

Food Allergies

If your child has a food allergy and will be eating lunch please contact your child's School Nurse and The Food Service Director. A Doctor's Note will be required

A-la-carte Milk \$.050
 A-la-carte Water \$1.25
 Snack Bar A-La-Carte Various Prices

Grab and Go Daily Choices:

- Chicken Patty Sandwich
- All Beef Hot Dog
- French Bread Pizza
- Hamburger/Cheeseburger
- Veggie Burger
- Power Pack- Cheese or Hummus- Crackers
- Sunflower Seeds-Veggie Sticks, Raisins, Milk

Meal Prices

- Second Lunch \$3.80
- A-la-carte Milk \$.75
- A-la-carte Water \$1.25
- Snack Bar** A-La-Carte Various Prices

Deli Bar

Sandwiches and Wraps Made to Order

Monday 5/6	Tuesday 5/7	Wednesday 5/8	Thursday 5/9	Friday 5/10
Spicy Chicken Sandwich Sweet Corn Baked Potato Wedges Kale Salad With Cranberries Strawberries Chicken Tenders/Roll Hot Sauce	Croissant Sandwich Ham and Cheese Potato Wedges Green Beans Watermelon Gluten Free Ham and Cheese	Canton's Own Pizza Cheese or Veggie Veggie Sticks Hummus Carrots Pears Fresh Fruit Gluten Free Pizza	Grilled Chicken Caesar Salad Pita Bread Sweet Corn Chips Mixed Fruit Cup Fresh Fruit Gluten Free Hamburger	Early Release Today Breakfast Served
Monday 5/13	TUESDAY 5/14	WEDNESDAY 5/15	THURSDAY 16-May	Friday 5/17
Chicken Tenders Potato Smiles Kale Salad with Cranberries Apple Fresh Fruit Gluten Free Chicken Tenders	Pasta and Meatballs Garlic Bread Green Beans Pepper Strips Fresh Fruit Gluten Free Cheese Burger	Bacon Cheeseburger Baked Beans Sweet Potato Fries Lettuce Tomato Fresh Fruit Pears Gluten Free Hamburger	BBQ Rib Sandwich or All Beef Hot Dog Chips Cole Slaw Baked Beans Garden Salad/ Ranch Dressing Fresh Fruit Gluten Free Hot Dog	Canton's Cheese or BBQ Chicken Pizza Cheese or Pepperoni Caesar Salad Strawberries Pears Fresh Fruit Gluten Free Pizza
MONDAY 1/5	TUESDAY 5/21	WEDNESDAY 5/22	THURSDAY 5/23	Friday 5/24
Macaroni and Cheese Oven Baked Fries Green Peas Watermelon Gluten Free Chicken Tenders	Walden Local Hamburger-Cheeseburger Bacon Baked Beans Lettuce- Tomato Pickles Chips Peaches Fresh Fruit Milk Gluten Free Cheeseburger	French Toast Sticks Jones Chicken Sausage Carrots Tater Tots Applesauce Fresh Fruit Gluten Free Pancakes Sausage	Quesadilla Chicken and Cheese Corn Black Beans Salsa Sour Cream Mixed Fruit Cup Fresh Fruit Grilled Chicken Sandwich	French Bread Pizza Garden Salad Ranch Dressing Veggie Sticks Pears Fresh Fruit Gluten Free Pizza
MONDAY 5/27	TUESDAY 5/28	WEDNESDAY 5/29	THURSDAY 5/30	FRIDAY 5/31
 Memorial Day No School	Italian Sampler Meatballs Mozzarella Sticks Marinara Sauce Garlic Bread Green Beans Local Apples Milk Gluten Free Meatballs and Marinara	Popcorn Chicken Sweet Corn Potatoes Gravy Dinner Roll Raisins Fresh Fruit Gluten Free Chicken Tenders	Crispy Chicken Wrap Steamed Rice Lettuce Tomato Ranch BBQ Hot or Sweet and Sour Sauce Peaches Fresh Fruit Gluten Free Chicken Tenders	Canton's Own Pizza Garden Salad Balsamic Dressing Roasted Broccoli Pears Fresh Fruit Gluten Free Pizza

All Meals Offered are Nutritionally Balanced and Include 5 Components Meat/Meat Alternate, Vegetable, Fruit, Grain and Milk.
 We support and encourage students to make food selections from each of the Components offered every Day!
 Selecting at least 3 components and having at least one component be a fruit or vegetable serving makes it a Reimbursable Meal!